

April 2019 Volume 58 Issue 4





EASTER DINNER

Sunday, April 21st 12:00 p.m.

Care Center Dining Room \$10 per guest

Please make your reservations by Thursday, April 18th as space is limited.

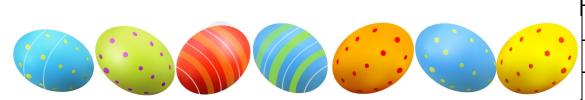
Ham

Asparagus with Hollandaise Sauce

New Potatoes

Dinner Roll

Coconut Cake



"For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life."

John 3:16

| INSIDE THIS ISSU | JE: |
|------------------------|-------|
| News | 2 |
| Chat with the Chaplain | 3 |
| Life Stories | 4-5 |
| Calendar of Events | 6-7 |
| Activities | 8-9 |
| April Birthdays | 10 |
| Daily Menu | 11 |
| NEW Assisted Living | 12-15 |

Volume 58 Issue 4

Page 2

YOU'RE INVITED to our

Assisted Living and Alzheimer's Special Care Community



DEDICATION & OPEN HOUSE

Wednesday, April 10 - 10:00am

Ribbon cutting followed by tours and refreshments.

7811 Euper Lane Fort Smith, Arkansas 72903

IMPORTANCE OF THE RESIDENT COUNCIL

Care Center Resident Council Meeting -Thursday, April 25th at 2:00 p.m.

Resident councils are important for many reasons. They provide a forum for residents to:

- Voice their concerns & recognize accomplishments.
- Influence how and what services are provided to residents.
- Plan activities for special events.
- Stay abreast of and offer a collective voice regarding regulations and legislation which may impact their lives.
- Use their talents, knowledge and experience to enhance their own lives and the lives of those around them.

Stein Therapy Department

Meet our Stein Therapy Department!

Front: Melody Cook, LPTA; Carol Heffley, MS, OTR/L; Dakota Bray, COTA/L

Back: Paula Young, LPTA; Timothy Young, LPTA; Whitney Shott, MS, CCC-SLP



A Chat With The Chaplain — A Monthly Devotional Thought

Rev. Max Goins



Rev. Max E. Goins Chaplain

One of our favorite hymns is "In the Garden." When we sing it, we are speaking in general about our garden of prayer. Today I want to take you to the garden that Jesus used as a very hallowed place. It was His place of prayer. The very last time Je-

sus went to that garden to pray was his last night on earth. Here is how Luke records it:

³⁹ Jesus went out as usual to the Mount of Olives, and his disciples followed him. 40 On reaching the place, he said to them, "Pray that you will not fall into temptation." 41 He withdrew about a stone's throw beyond them, knelt down and prayed, 42 "Father, if you are willing, take this cup from me; yet not my will, but yours be done." ⁴³ An angel from heaven appeared to him and strengthened him. 44 And being in anguish, he prayed more earnestly, and his sweat was like drops of blood falling to the ground⁴⁵ When he rose from prayer and went back to the disciples, he found them asleep, exhausted from sorrow. 46 "Why are you sleeping?" he asked them. "Get up and pray so that vou will not fall into temptation."

I would like for us to focus our attention on the underlined phrase in out text. Father, if there be any other way, let this cup pass from me. What was the cup that Jesus was hoping to avoid? Most of the commentaries on this passage say that it is death, especially death on the cross that Jesus wanted to avoid. Roman crucifixion was the most horrible way a person could die. It took long days

for it to be completed as death was normally brought about by a mixture of starvation and suffocation. Mark's gospel tells us that he began to be deeply distressed and troubled. He said that he was overwhelmed with sorrow to the point of death. The second time he left his disciples to pray it says His sweat came as if it were great drops of blood. There is a medical condition called hematohidrosis, in which extreme stress causes a person to "sweat drops of blood". Jesus was in extreme stress in the Garden of Gethsemane; stress like no other man has ever felt. What was causing that stress?

I fully believe that it was because the sinless son of God who had been "tempted in every point of the Law but was without sin" was soon going to "become sin on our behalf, that we "might become the righteousness of God in Him.(Hebrews 4:15) . This sinless lamb of God was very soon going to become the fullness of sin in order that we might become righteous. (2 Cor 5:21).

Can you even imagine what it would be like for the sinless Jesus to become sin? The very thought of it filled Him with great anguish. <u>His Father would forsake Him.</u> God would turn His back on Him.

Yet, there was no other way, it was necessary for Jesus to drink the full cup of sin in order that you and I might drink the full cup of salvation.

Every time you fall into sin, I hope you are reminded that Jesus drank the cup that was filled with your sin, your sin and my sin, that we might become righteous in God's sight. Wow!!! How amazing!!! My prayer is that you will allow it to soak into your soul. **Then you will never be the same.**

Care Center

Tuesday at 10:00 a.m. Dining Room



Independent Living

Wednesday at 10:00 a.m.
Village Chapel
by Marilyn Rauch

CARE CENTER LIFE STORIES...



Sue Upchurch



Bill & Sue—Easter 1949

Meet our April Resident of the Month . . . Sue Upchurch! She was born April 5, 1930 in Fort Smith. Her mother was a homemaker and her father was a pharmacist. She has one sister who is deceased.

She attended school in Fort Smith and later married Bill Upchurch. She was married for 50 years, before he passed last year. They were blessed with two children, three grandchildren and five great grandchildren.

Besides Arkansas, she has also lived in Wyoming and has traveled to Canada, Mexico and almost every state in the USA. Despite all of the places she has traveled, her favorite place to visit is anywhere with her family.

She enjoys Spring and what it brings; flowers and blue birds. Her favorite flowers are peonies. You can also catch her reading something written by John Grisham.

She has a sweet tooth and likes anything chocolate. When she gets to go out, her favorite restaurants are Olive Garden and Catfish Hole! Yum!

She has always looked up to her parents. She has been a part of the MVSL family since October 2018. Don't forget to tell her happy birthday this month!



50th Anniversary-1988



Bill & Sue -1986

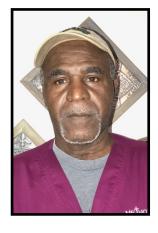


Living, He loved me. Dying, He saved me. Buried, He carried my sins far away.

Independent Living Spotlight

Independent Living Adventures . . .





Independent Living Employee Spotlight

Darrel Cato is our April Independent Living Spotlight! He was born in Morrilton, Arkansas. He moved to Fort Smith in 1989 to work in construction with his uncle at Fort Chaffee. After moving to the area, he realized how much he liked it and has lived here ever since.

He enjoys working for MVSL and the family atmosphere. He has worked with MVSL for 2 years. He started out at the Care Center as a Janitor and later became our Campus Security Guard.

Care Center Activities April 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|--|--|
| | 1 10:30 Drums Alive 2:30 Book Club | 10:00 Trivia 10:15 Sensory Stimulation 2:30 Bingo | 3 10:00 Worship Service with Max 2:30 Price is Right | 4 10:00 Mara's Birthday Party 2:30 Fancy Nails | 9:00 Father Stephen One-On-One 10:00 Sing-along w/ Max 2:30 Craft/ Jewelry 7:30 Bingo | 6 10:00 Flute Playing with Martha Johnson 2:30 Bingo |
| 7 10:00 Worship Service 2:30 Ice Cream Social | 8 10:30 Drums Alive 2:30 Uno | 9 10:00 Bible Study with Merle Katz 10:15 Sensory Stimulation 2:30 Bingo | 10:00 Art and Sunshine in the courtyard 2:30 Penny Game | 11 10:00 Birthday Party with Robert Hudson 2:30 Fancy Nails | 12 10:00 Sing Along 10:15 Sensory Stimulation 2:30 Easter Craft 7:30 Bingo | 13 10:00 Gospel Music with Sherri Davis 2:30 Bingo |
| 14 10:00 Worship Service 2:30 Ice Cream Social | 15 10:30 Drums Alive 2:30 Matching Game 6:30 Border Town | 16 10:00 Bible Study Thomas Clark 10:15 Sensory Stimulation | 17 10:00 Cooking Class 2:30 Movie & Popcorn | 18 10:00 Games 2:30 Fancy Nails | 19 10:00 Music by Pam Merchant 10:15 Sensory Stimulation | 20 10:00 Gospel Music with Sherri Davis 2:30 Bingo |
| | Belles | 2:30 Bingo | | | 2:30 Easter Party Egg Hunt for Staff & Resident Team 7:30 Bingo | |
| 21 10:00 Worship Service 2:30 Ice Cream Social | 10:30 Drums Alive 2:30 Spring Craft: Bird House | 10:00 Bible Study Thomas Clark 10:15 Sensory Stimulation 2:30 Bingo | 10:00 Communion with Max 2:00 Family Council 2:30 Word Game 5:00 Cajun Joe | 10:00 United Way Day of Caring Activity 2:00 Resident Council 2:30 Music with | 10:00 Sing-along 10:15 Sensory Stimulation 2:30 Spring Fling 7:30 Bingo | 27 10:00 Bible Study by Tammi 2:30 Bingo |
| EASTER | | | | Nan Jones | | |
| 28 10:00 Worship Service 2:30 Ice Cream Social | 29 10:30 Drums Alive 2:30 Karaoke | 30 10:00 Bible Trivia 10:15 Sensory Stimulation 2:30 Bingo with Euper Lane Students | | | | |

Independent Living Activities April 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|--|--------------------------|
| | 1 9:30 Ladies Auxiliary 3:30 Bingo | 2 12:00 Visit with Pam | 3 10:30 Bible Study 1:00 Wal-Mart | 4 10:30 Free Blood Pressure Clinic with Brittany | 5 12:00 Surprise 11:00 Trivia | 6 Fellowship Day |
| 7 4:00 Vesper w/ John Embrey | 8 3:30 Bingo | 9 12:00 Visit with Pam 2:00 Birthday with Robert Huston | 10 10:30 Bible Study 1:00 Harp's | 11 Five Dollar Lunch Box Out | 12 10:30 Sing-a-long 11:00 Trivia | 13 Fellowship Day |
| 14 4:00 Vesper w/ Rev. Max Goins | 15 3:30 Bingo | 16 2:00 Ice Cream Social | 17 10:30 Bible Study 1:00 Wal-Mart | 18 Spring Fling 5:00 Ladies Auxiliary IL Resident Supper | 19 Fellowship Day | 20 Fellowship Day |
| 21 4:00 Vesper w/ Rev. Max Goins | 22 3:30 Bingo | 23 2:00 Surprise | 24 10:30 Bible Study 1:00 Dollar Tree | 25 10:30 Gardening 3:30 Remember When with JoAnn GeDosh | 26 11:00 Trivia 3:00 Louise Turner | 27 Fellowship Day |
| EASTER | 29 | 30 | | | | |
| 4:00 Vesper w/ Wes Hilliard | 3:30 Bingo | 12:00 Visit with Pam | | | | |

Hello Ladies and Gentlemen,

Oh how sweet it is! March was the best spring forward so far. Taco Tuesday was so much fun, you made my day with your laughing and smiling faces! Laughter is so good for the soul. Thank you to the perfect gentleman, Mr. Randy Harrison, for showing the MVSL ladies so much love. We loved your surprise strawberry Blue Bunny ice cream with chocolate toppings and fresh Irish creamer for our coffee. How sweet it is to have someone to open the door for us and treat us special. These are examples of surprise pop-up activities around the IL campus! So come out and enjoy all the fun frivolities and exciting things yet to come!

Spring is in the air and as we all know, April showers bring May flowers. Join us for patio and flower talk as we fill our flower pots with dirt and color.

Our Ladies Auxiliary will be here for our Spring Fling and to provide the evening meal for the IL seniors on Thursday, April 18th at 5:00 p.m. in the activity center. There will be a RSVP sign up sheet in the activity center for you to sign if you plan to attend.

As we begin to cleanse our hearts, minds, and souls, we need to bond together in looking forward to all the exciting changes as we rise to our next level.

As Always, Love Thy Neighbor as Thyself,

Pamela Blocker,

Independent Living Director



INDEPENDENT LIVING VESPER SERVICES

Thanks to the following pastors for conducting Vesper services in April:

- April 7th—Worship Service with John Embrey
- April 14th—Worship Service with Rev. Max Goins
- April 24th—Worship Service with Rev. Max Goins
- April 28th—Worship Service with Rev. Wes Hilliard
 Thanks to the Vesper Greeter for volunteering for the month of April.

Catching Up At The Care Center

From The Activity Office

Greetings Residents, Families, and Friends,

March was a fun filled month and we started the month out with a bang! On March 5th the residents had such a great time at the Mardi Gras party and parade. There was good food, music, laughter and fun. Some of the residents are still talking about wearing beads that they received at the party. The first place prize went to the Activity Department and the second place prize went to the Assisted Living group. Thank you to everyone who participated and helped make this activity a success for our residents!

On March 15th, we had our St. Patrick's Day party and found that many residents are not into Irish music but a lot of them like old country like Hank Williams.

We tried our hand at rock painting, and they will be displayed in our courtyard!

On March 18th, we started a Book Club, if you are interested in joining us or have any questions, drop by the Activity Office anytime!

On Saturday, April 6th, we will have the pleasure of having a flute player play for us and teach us the basics of playing. Please join us and see if you might be interested in learning with us. Lifelong learning keeps us young!

On Friday, April 19th, we will be having an Easter celebration at 2:30 p.m. in the dining room. On Thursday, April 25th is United Way Day of Caring where we will have Pepsi representatives join us for a special activity in the dining room, you

don't want to miss it!

On Tuesday, April 30th, we will be having a special bingo game with Euper Lane students joining us! We can't wait for all the fun to begin. Speaking of Euper Lane, we will be starting up a Pen Pal Club with the Euper Lane students! We will give you more details soon.

It's that time again! We are taking donations for our Spring Country Store, if you need more information please check with us in the Activity Department.

As always, we have Drums Alive, Music with Robert Huston for our monthly birthday party, movies and popcorn, crafts, Fancy Nails, cooking class, bingo and more!

See you in Activities,

Marla and Tori

CONTEST:

THE FIRST PERSON TO CORRECTLY GUESS AND REPORT THE "GUESS WHO" TO THE ACTIVITY DEPARTMENT, WILL WIN A PRIZE!!



CUESS WHO?



I have been at MVSL for 4 years.

I have 3 children and my family is most important to me.

I love music, antique cars, nature/camping and to travel, especially road trips.

Last month's Guess Who was: Sabra Smith Page 10 Volume 58 Issue 4



CARE CENTER

Billie Cluck 2nd Mara Barker 4th Betty Rich 4th Sue Upchurch 5th Marvin Thomas 7th Era Mae Black 15th 22nd Dorothy Sy **Dolores Thompson** 24th Berniece Dyer 25th Claudia Harris 28th James Pipkins 28th

INDEPENDENT LIVING

Helen Teague 18th



Marjorie Magness Patsy Moore

Mary Migdat Sandra Owens

Jacquelyn Miller Wylma Rogers

Sharon Mills Melinda Vest

STAFF

| Rodney Register | 2nd |
|-------------------|------|
| Amanda Hays | 4th |
| Kristi Graham | 5th |
| Leishunda Rideout | 6th |
| Michael Ferrua | 7th |
| Timothy Boardman | 8th |
| Nhu Pham | 8th |
| Cheryl Jones | 8th |
| Tori Lewis | 10th |
| Sarah Boardman | 16th |
| Lori Chambliss | 18th |
| Levella Hutchins | 18th |
| Jordan Hall | 19th |
| Susie Burgess | 21st |
| Frances Stone | 21st |
| Sybil Smith | 21st |
| Juna Church | 22nd |
| Courtney Ball | 26th |
| Canisha Bennett | 27th |
| Carol Smith | 29th |
| Cori Walley | 29th |
| Paula Moore | 30th |
| | |

Be ye STRONG therefore, and let not your hands be weak: FOR YOUR WORK SHALL BE REWARDED.

2 Chronicles 15:7

April 2019 Care Center/IL Lunch & Dinner Menu

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|---|--|
| | 1 Lunch Lasagna Or Hot Turkey Sandwich Dinner Bologna/Cheese Sandwich Or BBQ Pork Riblette | 2 Lunch Ham & Beans Or Meat Loaf Dinner Shepherd's Pie Or Cottage Cheese/Meat/Fruit Plate | 3 Lunch Cheeseburger Or Chicken Patty Dinner Turkey Pot Pie Or Beef Stuffed Pepper | 4 Lunch Beef Taco Salad Or Pork Fritter Dinner Polish Sausage Or Potato Crusted Fish | 5 Lunch Steak Fingers Or Ham and Cheese Sandwich Dinner Sloppy Joe Or Homemade Pizza | 6 Lunch BBQ Chicken Breast Or Baked Tilapia Dinner Tuna Salad Sandwich Or Chicken Nuggets |
| 7 Lunch Pot Roast Or Chicken & Noodles Dinner Mini Corndogs Or Patty Melt Sandwich | 8 Lunch Chicken Fried Steak Or Lemon Baked Fish Dinner Beef Stew Or Pimento Cheese Sandwich | 9 Lunch Pork Chop Or Pot Roast Dinner Cheesy Bacon Quiche Or Chicken Enchilada | 10 Lunch Swiss Steak w/ Gravy Or Creamy Vegetable Lasagna Dinner Chicken & Dumplings Or Bologna & Cheese Sandwich | 11 Lunch Roast Turkey Or Beef Tips in Gravy Dinner Deli Meat & Cheese Sandwich Or Beef Ravioli with Sauce | 12 Lunch Fried Fish Or Cheeseburger Dinner Beef Macaroni Casserole Or Stir Fry Chicken with Vegetables | 13 Lunch Chili with Beans Or Baked Tilapia Dinner Chicken Tender Or Hamburger Steak |
| 14 Lunch Meatloaf Or Teriyaki Glazed Chicken Dinner Cream of Tomato Soup and Grilled Cheese Or Chicken Alfredo | 15 Lunch Ham & Beans Or Roast Turkey Sandwich Dinner Cheeseburger Or Hotdog | 16 Lunch Baked Chicken Or Steak Fingers Dinner Pimento Cheese Sandwich Or Chicken Patty | 17 Lunch BBQ Pork Or Grilled Chicken Breast Dinner Potato Crusted Pollock Or Beef Stuffed Pepper | 18 Lunch Hamburger Steak Or Polish Sausage Dinner Chicken Tenders Or Meatloaf | 19 Lunch Beef & Bean Burrito Or Chef Salad Dinner Ham Salad Sandwich Or Homemade Pizza | 20 Lunch Spaghetti Or Deli Meat & Cheese Sandwich Dinner Hot Dog Or Chicken Nuggets |
| 21 Lunch Baked Ham Or Sloppy Joe Dinner Hamburger Stew Or Reuben Sandwich | 22 Lunch Chicken Tenders Or Tater Tot Casserole Dinner Cheese Omelet Or Beef Taco Salad | 23 Lunch Smothered Pork Cutlet Or Beef Ravioli with Sauce Dinner Chicken & Dumplings Or Egg Salad Sandwich | 24 Lunch Frito Chili Pie or Roast Turkey Dinner Steak Fingers or Breaded Chicken Breast | 25 Lunch BBQ Riblette or Hot Roast Beef Sandwich Dinner Baked Chicken Breast or Creamy Vegetable Lasagna | 26 Lunch Fried Fish or Cheeseburger Dinner Broccoli and Cheese Soup and Chef Salad or Ham & Beans | 27 Lunch Enchilada Casserole or Baked Ham Dinner Swedish Meatballs or Chicken Rice Casserole |
| 28 Lunch Breaded Chicken Filet or Baked Tilapia Dinner Homemade Pizza or Grilled Cheese Sandwich | 29 Lunch Lasagna or Hot Turkey Sandwich Dinner Bologna and Cheese Sandwich or BBQ Pork Riblette | 30 Lunch Ham & Beans or Meatloaf Dinner Shepherd's Pie or Cottage Cheese/ Meat/Fruit Plate | | | | |

ASSISTED LIVING/ALZHEIMER'S SPECIAL CARE UNIT



Welcome from the Administrator

Methodist Village Senior Living Assisted Living and Alzheimer's Special Care Unit Administrator, Candace Cox would like to welcome all the Staff, Residents, Family and Friends to our beautiful new facility. I look forward to the wonderful relationships and friendships that we will develop, and I would like to say that we are resident driven and focused. I am so blessed to be a part of this exciting adventure and amazing life plan community and family. Thank you for the opportunity to serve others.

Our Mission: To provide wonderful life experiences that enable our residents and their families to lead full and enriching lives.

Our Vision: To exceed the expectations of our residents and families while inspiring hearts and minds.

MVSL Assisted Living and Alzheimer's Special Care Unit Staff



Left to Right: Mary Ann Harvell; Director of Care, Candace Cox; Administrator, Lorri Armstrong; HR/Social, Sarah Tisdale; Resident Liaison, Stephanie Morlan; Activities Director

April 2019 Assisted Living/ASCU Menu

| April 2013 Assisted Living/Aseo Mena | | | | | | |
|---|---|---|---|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 OPEN HOUSE 10:00 - 12:00 | 11 Lunch Roast Turkey, Cornbread Stuffing, Turkey Gravy, Sweet Potatoes, Cranberry Sauce, Bread/Roll, Pumpkin Pie Dinner Cream of Broccoli Soup, Deli Meat/ Cheese Sand- wich, Saltine Cracker, Fresh Fruit Cup, Oatmeal, Raisin Cookie | 12 Lunch Fried Fish, French Fries, Coleslaw, Hushpuppies, Peanut Butter Cake Dinner Beef Macaroni, Casserole, Green Beans, Garlic Cheese Bread, Peach Crisp | 13 Lunch Chili with Beans, Saltine Crackers, Corn, Tossed Salad, Lime Lite, Gelatin Salad Dinner Chicken Tenders, Mashed Potatoes, Country Gravy, Mixed Vegetables, Buttermilk Biscuits, Crispy Rice Bar |
| 14 Lunch Meatloaf, Au Gratin Potatoes, Baby Carrots, Bread/Roll, Cherry Pie Dinner Cream of Tomato Soup, Grilled Cheese Sand- wich, Creamy Cucumber Salad, Saltine Crackers, Strawberry Angel Cake | 15 Lunch Ham & Beans, Fried Potatoes, Onion Slice, Turnip Greens, Cornbread, Coconut Cream Pie Dinner Cheeseburger, Fries, Lettuce, Tomato, Onion, Pickle, Fruit Cup, Sugar Cookie | 16 Lunch Baked Chicken, Wild & Long Grain Rice, Gravy, Baby Carrots, Bread/ Roll, Black Forest Cake Dinner Beef Vegetable Soup, Cheese Pimento Sand- wich, Tossed Salad, Crispy Rice Bar | 17 Lunch BBQ Pork, Baked Beans, Creamy Coleslaw, Ham- burger Bun, Fruit Cobbler Dinner Potato Crusted Pollock, Oven Roasted Baby Potatoes, Lima Beans, Bread/Roll, Fruited Gelatin | 18 Lunch Hamburger Steak, Mashed Potatoes, Country Gravy, Green Beans, Cornbread, Strawberry Pretzel, Dessert Dinner Chicken Tenders, Mac & Cheese, Country Gravy, Stewed Tomatoes, Bread/Roll, Sherbet Cup | 19 Lunch Beef/Bean Burrito, Chili, Corn Cobblett, Shredded Lettuce, Frosted Angel Food Cake Dinner Ham Salad Sandwich, Cream of Potato Soup, Saltine Crackers, Fried Green Beans, Pudding Layer Dessert | 20 Lunch Spaghetti Noodles w/ Meat Sauce, Tossed Salad, Garlic Breadstick, Cherry Cheesecake Dinner Hot Dog, Sweet Potato Fries, Fruit w/ Cottage Cheese, Hot Dog Bun, No Bake Cookies |
| Lunch Baked Ham, New Potatoes, Asparagus with Hollandaise Sauce, Dinner Roll, Coconut Cake | Lunch Chicken Tenders, Mashed Potatoes, Country Gravy, Broccoli with Cheese Sauce, Bread/Roll, Fruited Gelatin | Lunch Smothered Pork Cutlet, Fried Potatoes & Onions, Peas & Carrots, Bread/ Roll, Chocolate Cream Pie | 24 Lunch Frito Chili Pie w/ Cheese, Roasted Corn & Black Beans, Tossed Salad, Pineapple Upside Down Cake | 25 Lunch BBQ Pork Riblett, Baked Beans, Potato Salad, Texas Toast, Fruit Crisp Dinner Baked Chicken | 26 Lunch Fried Fish, French Fries, Creamy Coleslaw, Hush- puppies, Frosted Texas Sheet Cake Dinner Broccoli Cheese | Lunch Enchilada Casserole, Refried Beans, Spanish Rice, Tortilla Chips & Salsa, Pound Cake with Strawberries |
| Dinner Hamburger Stew, Breaded Okra, Cornbread, Ice Cream Cup | Dinner Chicken Tenders, Mashed Potatoes, Country Gravy, Mixed Vegeta- bles, Buttermilk Biscuits, Crispy Rice Bar | Dinner Chicken & Dumplings, Fried Zucchini Slices, Cornbread, Banana Pudding Dessert | Steak Fingers, Mashed Potatoes, Country Gravy, Mixed Vegetables, Buttermilk Biscuits, Orange Fruited Gelatin | Breast, Purple Breast, Purple Hull Peas, Cabbage, Cornbread, Fresh Fruit Cup | Soup, Chef Salad, Fruited Cottage Cheese, Garlic Toast, Sugar Cookie | Dinner Swedish Meatballs with Gravy, Buttered Noodles, Spinach, Bread/ Roll, Ice Cream Cup |
| 28 Lunch Breaded Chicken Fillet, Mashed Potatoes, Coun- try Gravy, Green Beans, Bread/ Roll, Apple Pie | Lasagna, Parmesan Roasted, Broccoli, Garlic Breadstick, Frosted Italian Cream | 30 Lunch Ham & Beans, Fried Potatoes, Spinach, Cornbread, Blushing Peaches | | | | |
| Dinner Minestrone Soup, Homemade Pia, Tossed Salad, Oatmeal Cookies | Dinner Bologna/Cheese Sandwich, Saltine Crackers, Beef Vegetable Soup, Carrot Raisin Salad, Ice Cream Sandwich | Dinner Shepherd's Pie, Breaded Okra, Buttermilk, Cherry Delight Dessert | | | | |

Assisted Living Activities April 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|--|--|
| 7 | 8 | 9 | 10 OPEN HOUSE 10:00 - 12:00 | 11 10:30 Daily Devotional with Stretching 2:00 Art Class 4:00 Interactive Games | 12 10:30 Daily Devotional with Stretching 1:30 Spa Social 3:30 Bingo | 13 10:30 Daily Devotional with Stretching 2:00 Ice Cream Social and Washer Toss 7:00 Dominoes |
| 14 10:00 Chapel/ Singing 2:00 Bingo 7:00 Movie & Popcorn | 15 10:30 Daily Devotional with Stretching 2:00 UAMS Ageless Grace 7:00 Dominoes | 16 10:30 Daily Devotional with Stretching 10:45 Cooking Club 1:45 Bean Bag Baseball with Bell Point | 17 10:30 Daily Devotional with Stretching 11:00 Charades 3:30 Cardio Beats | 18 10:30 Daily Devotional with Stretching 11:00 Art Class 3:30 Scrabble | 19 10:30 Daily Devotional with Stretching 10:00 Spa Social 2:00 Bingo | 20 10:30 Daily Devotional with Stretching 2:00 Ice Cream Social with Bowling 7:00 Dominoes |
| 21 10:00 Chapel/ Singing 2:00 Bingo 7:00 Movie & Popcorn EASTER | 10:30 Daily Devotional with Stretching 2:00 UAMS Ageless Grace 7:00 Dominoes | 23 10:30 Daily Devotional with Stretching 10:45 Cooking Club 1:45 Bean Bag Baseball with Bell Point | 24 10:30 Daily Devotional with Stretching 11:00 Pictionary 3:30 Cardio Beats | 25 10:30 Daily Devotional with Stretching All Day: Project Compassion, Planting with Friends 3:00 Birthday Party and Bunco | 26 10:30 Daily Devotional with Stretching 11:00 Spa Social 2:00 Bingo | 27 10:30 Daily Devotional with Stretching 2:00 Ice Cream Social with Ladder Ball 7:00 Dominoes |
| 28 10:00 Chapel/ Singing 2:00 Bingo 7:00 Movie & Popcorn | 29 10:30 Daily Devotional with Stretching 2:00 UAMS Ageless Grace 4:00 Resident Council 7:00 Dominoes | 30 10:30 Daily Devotional with Stretching 10:45 Cooking Club 1:45 Bean Bag Baseball with Bell Point 4:00 Family Council | | | | |

Alzheimer's Special Care Unit Activities April 2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|---|---|---|
| 7 | 8 | 9 | 10 OPEN HOUSE 10:00 - 12:00 | 11 8:30 What's Today with Stretching 9:45 Flower Arranging 3:00 Musical Band 7:00 Sorting Cereal | 12 8:30 What's Today with Stretching 12:00 Harvest It Game 3:00 Music with Movement 7:00 Evening Story Time | 13 8:30 What's Today with Stretching 9:45 Reminiscing with Scents 3:00 Infinity Walk 7:00 Coloring |
| 14 8:30 What's Today with Stretching 11:00 Soul Singing 2:45 Harmonica Humming 7:00 Poetry & Popcorn | 15 8:30 What's Today with Stretching 9:45 I Got It Game 3:00 Drumming 7:00 Sorting Legos | 16 8:30 What's Today with Stretching 9:45 Sensory Spa 3:00 Bowling 7:00 Nursery Rhymes | 17 8:30 What's Today with Stretching 9:45 Grocery Game with Scent Therapy 3:00 Rhythm & Dance 7:00 Bible Verse | 18 8:30 What's Today with Stretching 9:45 Vincent Van Gogh 3:00 Name That Tune with Dance 7:00 Sorting Cereal | 19 8:30 What's Today with Stretching 9:45 Baking Pies 2:00 Chair Bingo 7:00 Evening Story Time | 20 8:30 What's Today with Stretching 9:45 Cookie Decorating 2:30 Cardio Drums 7:00 Coloring |
| 21 8:30 What's Today with Stretching 11:00 Soul Singing 2:45 Easter Exercise with Reminiscing 7:00 Poetry & Popcorn EASTER | 22 8:30 What's Today with Stretching 9:45 Matching Pairs 3:00 Drumming 7:00 Sorting Buttons | 23 8:30 What's Today with Stretching 9:45 Sensory Spa 3:00 Harmonica Humming 7:00 Nursery Rhymes | 24 8:30 What's Today with Stretching 9:45 Famous Duos 3:00 Rhythm & Dance 7:00 Bible Verse | 25 8:30 What's Today with Stretching 9:45 Domino Match 2:00 Cardio Drums TBA: Project Compassion, Planting with Friends 7:00 Evening Story Time | 26 8:30 What's Today with Stretching 9:45 Sculpting 3:00 Musical Band 7:00 Sorting Cereal | 27 8:30 What's Today with Stretching 9:45 Reminiscing with Scents 2:30 Bean Bag Toss 7:00 Coloring |
| 28 8:30 What's Today with Stretching 11:00 Soul Singing 2:45 Bowling 7:00 Poetry & Popcorn | 8:30 What's Today with Stretching 9:45 Create Sensory Pouch 3:00 Drumming 7:00 Puzzles | 8:30 What's Today with Stretching 9:45 Sensory Spa 3:00 Bowling 7:00 Nursery Rhymes | | | | |



7425 Euper Lane Fort Smith, AR 72903



Melissa Curry,
Chief Executive Officer



Deanna Fears, Care Center Administrator

Methodist Moments

A Newsletter for friends of Methodist Village Senior Living

President Board of Directors: Phillip Bryant
Chief Executive Officer: Melissa Curry
Care Center Administrator: Deanna Fears
AL/ASCU Administrator: Candace Cox
Independent Living Manager: Pam Blocker

Care Center Director of Nursing Services: Millie Meyers, R.N.
Care Center Assistant Director's of Nursing: Katie Corley, R.N.
Care Center Admissions Director: Brandie Simmons
Social Services Director: Brittany Lovick, LCSW
Business Development Director: Carol Smith

For More Information Contact Us At:
Care Center (479) 452-1611
Independent Living (479) 452-5350
Email inquiries: admissions@methodistvillage.com

Visit us on the web at: http://www.methodistvillage.com

It is the policy of Methodist Village Senior Living to be fully inclusive and not to discriminate on the basis of race, color, national origin, familial status, ancestry, gender, sexual orientation, religion, handicap, or disability. This policy applies to residents, physicians, and all employees and service providers. Methodist Village Senior Living is a non-profit organization and is an agency of the Arkansas Conference of the United Methodist Church.



Candace Cox,
AL/ASCU Administrator



Pam Blocker, Independent Living Director



Millie Meyers, R.N. Director of Nursing Service



Brandie Simmons, Admissions Director













Brittany Lovick, LCSW Social Services Director



Carol Smith, Business Development Director