



METHODIST VILLAGE

SENIOR LIVING

June 2019 | Volume 58 | Issue 56

A Monthly Publication of Methodist Village Senior Living



Come shop our Yard & Bake Sale!

Friday, June 7 - 7:30a-3pm

Saturday, June 8 - 7:30a-Noon

We have cleaned up around our campus and are ready to get rid of some things. Plus, our staff is baking up some delicious goodies.

We will also be offering lunch for \$5 (includes hot dog, chips, pickle and drink).

All proceeds will be used for activity items for our residents with Alzheimer's or a related Dementia.

MVSL Mission

To provide wonderful life experiences that enable our residents and their families to lead full and enriching lives.

MVSL Vision

To exceed the expectations of our residents and families while inspiring hearts and minds.

FROM THE DESK OF OUR CEO...



This year MVSL has experienced growth and change. I am so thankful to each and every member of our team. They have embraced our growth and welcomed new staff with love. They have persisted through changes with a positive attitude and many have worked long days and nights to do what needed to be done. I appreciate the hard work and dedication they provide to give quality care to our residents.

This year we have focused on having each team member memorize our mission and vision. I have been so excited to see how many can recite them without hesitation. And, more importantly, live them! We are so blessed to have each other to care for our residents as family.

May was full of many activities and celebrations, then, ended with an historical flood. Our community has really stepped up and come together to offer support through difficult times. Many of our team members and residents have been affected personally or have family members who are displaced or facing the possibility. Please remember them in your thoughts and prayers.

As we move into June and continue our progress, we plan to keep providing wonderful life experiences that enable our residents and their families to lead full and enriching lives.

I look forward to seeing you soon around the MVSL campus!

Warmest regards,

Melissa Curry
CEO

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CAMPUS STAFF



Larry Brooks
Maintenance Director



Katee Jones
Executive Assistant to CEO



Joanie Feyen
Dietary Director



Brittany Lovick, LCSW
Social Services Director



Alicia Hansen
Education Director



Carol Smith
Bus. Development Director

STAFF BIRTHDAYS

Happy Birthday to...

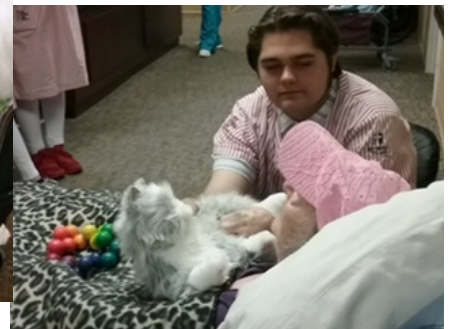
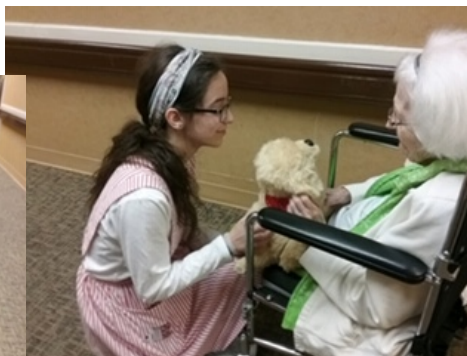
Stepheny Allison	June 1
Maitlyn Roberts	June 1
Luisa Raya	June 3
Sandra Gentry	June 3
Melissa Watson	June 4
Rhiannon Sharp	June 4
Deanna Fears	June 5
Lucy Karanja	June 6
Natasha Bishop	June 7
Samantha Rodriguez	June 7
Kenny Douglas	June 14
James Parmenter	June 18
Larry Brooks	June 20
Alexis Hall	June 24
Danelle Nipper	June 25
Kimberly Clark	June 26
Stephanie Morlan	June 27
Joshua Strong	June 27
Ross Satterfield	June 30

CANDY STRIPER NEWS

We are so excited to report that one of our Candy Stripers is now part of our MVSL team as a CNA. We are so proud of Alma Diaz for her accomplishments and thankful to have her as a part of our team.

Our Candy Stripers have completed their school year and many will be available to volunteer more hours during the summer.

If you are interested in more information on our Candy Striper Program, please contact Carol Smith at csmith@methodistvillage.com or 755-6304. The next orientation for Candy Stripers will be Wednesday, June 5th at 1pm



2019 EMPLOYEE CAMPAIGN

MVSL's 3rd Annual Employee Campaign provides an opportunity for and encourages staff to support our mission for others with a donation. Together, we can make a powerful impact on the environment where we work each and every day.

Staff contributing \$26 or more will receive a t-shirt (\$1 per paycheck for a year equals \$26).

Forms available in the Care Center front office, AL/ASCU front desk, and the Administrative Office.



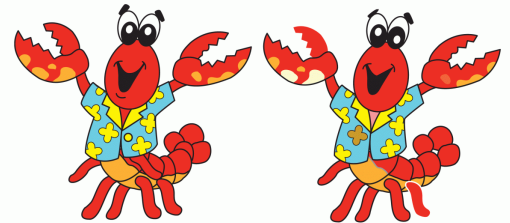
Summer Word Search

B F G P W W S C A M P I N G S P X
 A A N R V D L X T C B N B B F O Q
 A I R C I W V O X W Q Y E B G O H
 T E R B W L H G I C S A B T J L U
 G U N C E S L N V N C L Z E E L N
 Z O B Q O C Z I O H O Y C F K I N
 J Q I K B N U W N I W I M K W A W
 E E S J T E D E K G T Y T Q H T L
 N H N T W R B I K R W A R A I N R
 S T G X A E A G T M A E X U C E M
 A A K H N O N V A I N P S A L A F
 P B F G Z I B E E I O M R C L H V
 I N Z X M V R D H L I N I E N E T
 V U V M X C P S E W I S I A T Y R
 R S I F E W N J S E P N E N Y A J
 S W V C W U Y W H O P C G V G J W
 S C I Z S I M B P J O S J A S Y V

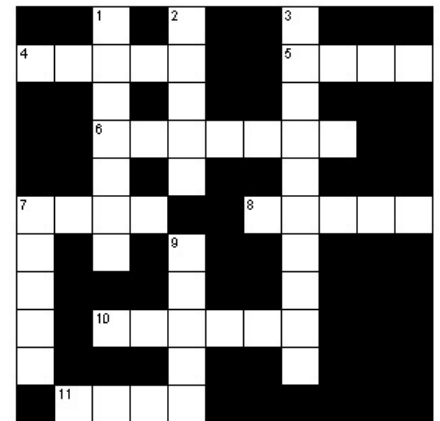
RELAXATION	BARBECUE	VACATION	WATER PARK
TRAVELING	OCEAN	SWIMSUIT	LAKE
HOT	BEACH	AIR CONDITIONING	POOL
SUNSHINE	SUNBATHE	SWIMMING	CAMPING
POPSICLE	GRILLING	ICE CREAM	SPEEDBOAT

What's Different?

Can you find the differences in the image on the right from the image on the left?



Crossword Puzzle



Clues - Food

Across:

- 4 used for baking
- 5 protein in a shell
- 6 poultry
- 7 the other white meat
- 8 great with sauce
- 10 american or swiss
- 11 liquid dairy

Down:

- 1 movie snack
- 2 best when ripe
- 3 green is good
- 7 type of pie
- 9 t-bone

CAMPUS HEALTHY WORKPLACE INITIATIVE

Our 2019 Health Committee is COMMIT TO BE FIT. Get outside and enjoy nature.



For more information on how to get involved, please see Sabrina Cozort in Medical Records.

STAR EMPLOYEES

In May the following team members were awarded as Star Employees.

Congratulations to Bessie Keller (Environmental Services, AL/ASCU) and Lexie Schweer (Purchasing and Staffing Director, Care Center) for being recognized for their hard work and dedication to our organization.



CAMPUS NEWS



MILLIE MYERS
**CHIEF NURSING
OFFICER**

If We Don't...Who Will?
By Susan Ryan

If We Don't...
Hold their hands,
Dry their tears,
Try to calm their fears
...Who Will?

If We Don't...
Show compassion,
Be a friend
All the way to the end
...Who Will?

If We Don't...
Ease their pain
Take their side,
Go along for the ride
...Who Will?

If We Don't...
Soften our heart,
Open our hand,
And try to understand
...Who Will?

If We Don't...
Provide dignity,
Show respect,
Seek to abolish neglect
...Who Will?

This poem is posted in the break room of the Care Center, and I know for a fact that it has been there for at least four years. It was one of the first things that I noticed when I began my journey at Methodist, and it has been a constant reminder of the mission and standard of care that I believe resides in the halls here. I must admit...I read it just about every day as I warm up my leftovers, and it never gets old! And though my days can seem somewhat hectic at times, I often refer back to this simple little poem and ask myself..."If you don't, Millie....Who will?"

God's Peace,
Millie

INDEPENDENT LIVING NEWS

LUNCH

As of June 1, Independent Living Residents will have lunch available at the MVSL AL/ASCU.

Please place your lunch order no later than 10:00am. The fee will remain \$5.

During inclement weather our campus van will pick up residents and drive them to the AL/ASCU for lunch.

ACTIVITIES

As of June 1, Independent Living Residents may participate in activities at the MVSL AL/ASCU. Some activities will still be scheduled in the Independent Living Office. Please check the calendars for specifics.

During inclement weather our campus van will pick up residents and drive them to the AL/ASCU for lunch and activities.

CALL SYSTEM

Residents needing more information regarding a call system may contact Susie at AMA Lifeline, 479-484-0020.

MAINTENANCE STAFF - AFTER HOURS CONTACT INFORMATION

The following lists maintenance staff who will be on call after hours for the month of June.

June 1-7	Robert Walrod	479-883-0949
June 8-14	Joe Duvall	479-414-9506
June 15-21	Larry Brooks	479-353-3455
June 22-28	Dago Parmenter	479-997-5369
June 29-July 5	Hoa Mai	479-420-1654



FROM
THE
DESK
OF
PAM
BLOCKER

Hello Ladies and Gentlemen ~

This month has been great just spending time and fellowshiping with all of you here at MVSL.

Be sure to check your calendars for upcoming events. The Birthday Party will be at 12:00 Noon on June 11th. Remember When with JoAnn Gedosh will be moved to June 19th 3:30pm.

If you have any items that you would like to donate to the yard sale, please let me know.

Our Father's Day Social Lunch will be at 12:00 Noon on June 14th. Men, come on out and let's have a great time. Hat's off to all the wonderful Father's! I Salute you ~ it is your time to shine.

As Always ~

Love Thy Neighbor As Thyself,

Pamela Blocker
Independent Living Director

IL RESIDENTS - JUNE BIRTHDAYS

Randy Harris	11th
Norma Ellison	17th
Dorothy Miller	25th
Marjorie Harp	27th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>These activities will be held in the Village.</p> <p>Independent Living residents may also participate in activities at the Assisted Living. Please see their calendar on page 13.</p>						<p>1 Patio Talk</p>
<p>2 Fellowship Day</p>	<p>3 3-4 Bingo</p>	<p>4 Board Games</p>	<p>5 10 Shopping Day</p>	<p>6 Fellowship Day Free Blood Pressure Checks</p>	<p>7 3-4 Trivia</p>	<p>8 Patio Talk</p>
<p>9 Fellowship Day</p>	<p>10 2:30 Patio Talk</p>	<p>11 9:30 Exterminator Noon Birthday Party</p>	<p>12 10 Shopping Day</p>	<p>13 Fellowship Day</p>	<p>14 Noon Father's Day Social Lunch 3-4 Trivia</p>	<p>15 Patio Talk</p>
<p>16 Fellowship Day</p>	<p>17 3-4 Bingo</p>	<p>18 Visit with friends</p>	<p>19 10 Shopping Day 3:30 Remember When w/JoAnn Gedosh</p>	<p>20 Fellowship Day</p>	<p>21 3-4 Trivia</p>	<p>22 Patio Talk</p>
<p>23 Fellowship Day</p>	<p>24 3-4 Bingo</p>	<p>25 Visit with friends</p>	<p>26 10 Shopping Day</p>	<p>27 Fellowship Day</p>	<p>28 3 Book Review w/Louise Turner</p>	<p>29 Patio Talk</p>
<p>30 Fellowship Day</p>						

CARE CENTER ACTIVITIES NEWS

Greetings Residents, Family & Friends,

May has come and gone so we are focusing on June and warmer weather. On Friday the 14th we will celebrate Father's with a brunch in the dining room at 10:00 am. Then, on Friday the 28th in the dining room, we will be having a Memorial Service to honor those who are no longer with us. As always, we have a lot of fun activities planned for June. We hope you will plan to attend Drums Alive, Ice Cream Social, Crafts, Bingo, Fancy Nails and Robert Huston will return for our monthly birthday party. Hope to see you in activities.



Respectfully,

Marla Pense
Activity Director

CARE CENTER NEWS

Nursing Home Week was celebrated May 13-17. This year we paired residents with staff members and held daily competitions. This years overall winner was Brandie Simmons, Admissions (and her resident partner) and North Hall won for most staff participation.



**FROM THE
DESK OF
DEANNA
FEARS...**

Greetings Residents, Families and Friends,

May was a fun filled month with lots of activities that combined the Staff and the Residents. Our staff appreciation lunch during Nursing Home week was a great success, along with our 2019 Campus Fund-raising Campaign.

June is the beginning of summer and we are so grateful for the beautiful sun shiny days. The Campus will be having a garage sale June 7th and 8th with all proceeds going toward activities for our residents with Alzheimer's or a related Dementia. Please come out that day to help support us.

We are so fortunate to be in a facility where the staff, residents and family members all work together for the good of the facility. The residents here at Methodist are some of the best and we are fortunate to have them as part of our family. As always, thank you for allowing us to be part of your lives.

Deanna Fears
Care Center Administrator

A CHAT WITH THE CHAPLAIN



How Is Your Esteem?

In the Bible's book of Daniel there is an interesting story. (Please read Daniel 9:20-23.)

Can you imagine what it would be like to be praying and look up to see Gabriel, the Archangel flying toward you? Would you be awestruck?

My wife and I read the Bible together every night prior to going to sleep. (She reads and I listen). A few nights ago, we were reading the 9th chapter of Daniel. When we came to this story, it really amazed me. This was not an average prayer. Daniel was praying a powerful prayer of repentance on behalf of himself and the nation of Israel.

What amazed me about the story is what Gabriel said to Daniel. "Daniel, I have now come to give you insight and understanding. As soon as you began to pray, a word went out, which I have come to tell you, for you are **highly esteemed.**"

Daniel's prayer was immediately heard because he was held in high esteem by the one who hears and answers prayers. I began to reflect on my own prayer life. I wondered how God might hear and answer my prayers. How highly esteemed am I by God almighty, who hears and answers our prayers. I must tell you that reflecting on this matter has deepened my spiritual life.

What do you think? Are you **highly esteemed** by God?

CARE CENTER RESIDENTS JUNE BIRTHDAYS

Bobby Jones	June 8
Bob Wineinger	June 12
Chester Bean	June 13
Flora Hibbard Myers	June 13
Richard Pettycord	June 21
Ola Hawkins	June 22
Eliza McCorkle	June 23

GUESS WHO?

CONTEST: The first person to correctly guess and report the "Guess Who" to the Care Center Activity Department will win a prize.



"I have worked at MVSL for 2 years. I am a mother of 4 (1 girl/3 boys). I love ladybugs and am often told I look younger than what I really am."

WEDDING DISPLAY

During the month of June, stop by our Activity Office to see the display of some of our residents wedding memorabilia.



JUNE ACTIVITIES

CARE CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10 Bible Trivia 2:30 Bingo
2 10 Worship Service 2:30 Ice Cream Social	3 10:30 Drums Alive 2:30 Book Club 5 Glory Gals	4 10 Reminisce/ Courtyard 10:20 Sensory 2:30 Bingo	5 10 Worship Service/Max 10:20 Sensory 2:30 UNO	6 10 Exercise/Tori 10:20 Sensory 2 Fancy Nails	7 9 1-1 with Fr. Stephen 10 Sing-a-long 10:20 Sensory 2:30 Crafts/ Jewelry 7:30 Bingo	8 10 Bible Gospel Music/Sherri David 2:30 Bingo
9 10 Worship Service 2:30 Ice Cream Social	10 10:30 Drums Alive 2:30 Price is Right	11 10 Bible Study/ Merle Katz 10:20 Sensory 2:30 Bingo	12 10 Cooking Class 10:20 Sensory 2:30 Hot Potato	13 10 Birthday Party/Robert Huston 2 Fancy Nails	14 10 Father's Day Brunch 2:30 UNO 7:30 Bingo	15 10 Bible Gospel Music/Sherri David 2:30 Bingo
16 10 Worship Service 2:30 Ice Cream Social FATHER'S DAY	17 10:30 Drums Alive 2:30 Book Club	18 10 Bible Study/ Thomas Clark 11 Dulcimers 2:30 Bingo	19 10 Communion/ Max 10:20 Sensory 2:30 Spelling Bee 5 Cajun Joe	20 10 Music/ Charmaine 10:20 Sensory 2 Fancy Nails	21 10 Sing-a-long 10:20 Sensory 2:30 Movie & Popcorn 7:30 Bingo	22 10 Bible Study/Tammi 2:30 Bingo
23 10 Worship Service 2:30 Ice Cream Social	24 10:30 Drums Alive 2:30 Karaoke 5:15 Music/ Charmaine	25 10 Bible Study/ Thomas Clark 10:20 Sensory 2:30 Bingo/Youth FUMC	26 10 Men's Social Club 10:20 Sensory 2 Family Council 2:30 Penny Game	27 10 Word Games 11:30 St. Luke's 2 Fancy Nails	28 10 Sing-a-long 10:20 Sensory 3 Memorial Service	29 10 Bible Gospel Music/Sherri David 2:30 Bingo
30 10 Worship Service 2:30 Ice Cream Social						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Lunch 1 BBQ Chicken Breast or Baked Tilapia Dinner Tuna Salad Sandwich or Beef Enchilada
Lunch 2 Pot Roast or Chicken & Noodles Dinner Mini Corndogs or Patty Melt Sandwich	Lunch 3 Meat Loaf or Baked Tilapia Dinner Deli Sandwich or Chicken Fried Steak	Lunch 4 Pork Riblette or Chicken Cordon Bleu Dinner King Ranch Chicken or Cheeseburger	Lunch 5 Baked Chicken Breast or Beef Taco Salad Dinner Sloppy Joe or Baked Ham	Lunch 6 Spaghetti or BLT Sandwich Dinner Cheesy Bacon Quiche or Chicken & Noodles	Lunch 7 Ham & Beans or Beef Tips in Gravy Dinner Steak Fingers or Stir Fry Chicken with Vegetables	Lunch 8 Chicken Tenders or Cheeseburger Dinner Egg Salad Sandwich or Beef Enchiladas
Lunch 9 Roast Pork or Fried Catfish Dinner Cheeseburger or Grilled Chicken Breast	Lunch 10 Parmesan Chicken Breast or Beef Nachos Dinner Tuna Salad or Chicken Tenders	Lunch 11 Roast Turkey or Cheeseburger Dinner Hamburger Steak or Chicken Gumbo Soup	Lunch 12 Pork Fritter or Herb Chicken Breast Dinner Homemade Pizza or BLT Sandwich	Lunch 13 Beef Taco Salad or Sweet & Sour Pork Dinner Chicken Nuggets or Spaghetti	Lunch 14 Fried Fish or Reuben Sandwich Dinner Baked Ham or Chicken Tortilla Soup	Lunch 15 Roast Pork or Fried Catfish Dinner Cheeseburger or Grilled Chicken Breast
Lunch 16 Baked Chicken Breast or Meat Loaf Dinner Grilled Cheese Sandwich or Herb Roasted Chicken	Lunch 17 Cheeseburger or Sweet & Sour Chicken Dinner Tuna Salad or Pork Fritter	Lunch 18 Smothered Pork Cutlet or Chicken Cordon Bleu Dinner Chicken & Cheese Quesadilla or Deli Sandwich	Lunch 19 Chicken Tenders or Beef Taco Salad Dinner Cheese Ravioli w/sauce or Baked Ham	Lunch 20 Philly Steak Sandwich or Chicken Caesar Salad Dinner Polish Sausage or Baked Tilapia	Lunch 21 Lasagna or Pork Chop Dinner Beef Vegetable Soup/Chef Salad or Chicken Alfredo	Lunch 22 Ham & Beans or Teriyaki Glazed Chicken Breasts Dinner BBQ Chicken Breast or Soft Beef Tacos
Lunch 23 Meat Loaf or Fried Catfish Dinner Hamburger Stew or Grilled Chicken Breast	Lunch 24 Homemade Pizza or Beef Nachos Dinner Potato Crusted Fish or Chicken Caesar Salad	Lunch 25 Breaded Chicken Breast or Cheeseburger Dinner Beef Macaroni Casserole or Chicken Caesar Salad	Lunch 26 Smothered Pork Cutlet or Herb Chicken Breast Dinner Cheese Pimento Sandwich or Lasagna	Lunch 27 Chicken Fried Steak or BBQ Pork Riblette Dinner Sweet & Sour Chicken or Turkey Club Sandwich	Lunch 28 Fried Fish or Reuben Sandwich Dinner Turkey Pot Pie or Taco Soup	Lunch 29 Chicken Enchilada Casserole or Ham & Beans Dinner Ham Salad Sandwich or Patty Melt Sandwich
Lunch 30 Roast Beef or Pork Cutlet Dinner Chicken Spaghetti or Fish 'N Chips						

REHABILITATION



What Your Therapy Team Can Do For You

Although many people see therapists as a stand alone department, therapists work closely with nursing and administration. It is commonly forgotten that therapists can:

- Assist with fall prevention—educating residents and staff about environmental hazards that may precipitate falls, methods to prevent falls, and identify weaknesses/areas of concern that may contribute to falls
- Dementia management—therapists view dementia from the functional point of view and can help staff determine possible causes of dementia-related “behaviors” and interventions to address them to improve the resident's function and quality of life
- Restraint reduction—therapists have worked hard in conjunction with Methodist to make it a restraint free facility by assisting nursing to determine the most appropriate positioning devices and equipment for residents to avoid the use of restraints
- Contracture management--working with staff and residents to develop range of motion programs, identify the need for splinting, etc. in an effort to prevent the development of or further progression of contractures to decrease pain and increase function for our residents
- Positioning programs—work with staff to provide optimal positioning for residents to improve function, increase comfort, and obtain optimal posture for our residents
- Weight loss intervention—therapists can work to determine if a physical or cognitive change has resulted in feeding abilities or if a diet change is needed

Therapy in a skilled nursing facility has a very holistic approach as we are fortunate enough to be able to take into account multiple comorbidities (multiple illnesses/conditions) and see how they interact to impact resident's function. We also have a strong relationship with members of our interdisciplinary team (nurses, CNAs, physicians, etc.). By working closely together, the staff at Methodist ensure that your loved ones receive the very best care they can get.

Carol Heffley

MS, OTR/L

STEIN STAFF - JUNE BIRTHDAYS

Dakota Bray

June 8th

*The journey of a thousand miles
begins with a single step*

FROM THE DESK OF OUR ADMINISTRATOR - CANDACE COX

My name is Candace Cox. I was born in 1969 and I moved to the beautiful state of Arkansas from Daytona Beach, Florida when I was 13. I have a large family of 3 brothers and 3 sisters. I am married and have 7 wonderful children (4 Boys and 3 Girls) and 8 beautiful grandchildren (5 boys and 3 girls).

I enjoy starting my days with quiet time and prayer because I love God and try to make him the center of my life. I also enjoy horses, horseback riding, farm animals, fishing (this is one of my favorite things to do, YES, I know how to catch, clean and eat fish!!!), grilling, spending time with family and friends (love to watch and play with my precious grandchildren, who bring Joy to my heart), music, and helping others.

My personal mission and vision are to see the best in everyone and to help others have the best quality of life for as long as possible. I believe in self educating and spend many days reading and learning new things because we are never too old to learn.

May God Bless Everyone Who I Ever Meet.

Blessings,

Candace Cox

AL/ASCU Administrator



EMPLOYEE SPOTLIGHT

Let me introduce you to our Resident Liason, Sarah Tisdale.

Hello, my name is Sarah Tisdale. I was born in Gentry, Arkansas and I am 25 years old. I am part of a family of six, with an older brother and sister, and one younger sister. After graduating high school in 2012, I moved to Fort Smith to attend the University of Arkansas-Fort Smith. I obtained my associates in Radiography, then continued for my Bachelor of Science in Imaging Sciences-Leadership. During my college experience, I became a member of the sorority Delta Gamma, where I participated in community and service hours for the Service for Sight Foundation. My hobbies include watching scary movies, reading, hiking, and fishing. I love getting to know the residents, hearing their stories, and laughing along with them.



ASSISTED LIVING ACTIVITIES

Check out this month's activities on pages 13 and 15. We hope you will join us!



Blessings to all,
Stephanie Morlan
AAL/ASCU Activities Director



AL/ASCU RESIDENTS - JUNE BIRTHDAYS

Alice Erwin

June 2

JUNE ACTIVITIES

ASSISTED LIVING/INDEPENDENT LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:30 Devotional 2:30 Ice Cream Bar & Dominoes 6 Movie & Popcorn
2 11 Bingo 2 Worship w/Rocky & Linda 6 UNO	3 10:30 Devotional 2 Ageless Grace w/UAMS 2:30 Hand & Nail Spa w/Music Reminisce	4 10:30 Devotional 11:15 Drums Alive 2:30 Bunko Party	5 10:30 Shopping Trip - Residents' Vote 1:30 Bible Study w/Ed 3:30 Cider Social 4 Violin Performance by Gregory	6 10:30 Devotional 11:15 Crafting w/Friends 2:30 Bean Bag Baseball	7 10:30 Devotional 2 BINGO 6 Farkle	8 10:30 Devotional 2:30 Root Beer Float & Dominoes 6 Movie & Popcorn
9 10 BINGO 2 Worship w/Jimmy 6 UNO	10 10:30 Devotional 2 Ageless Grace w/UAMS 2:30 Hand & Nail Spa w/Music Reminisce 4 Piano Performance by Dang Brothers	11 10:30 Devotional 11:15 Drums Alive 2:30 Word Games	12 10:30 Shopping Trip - Residents' Vote 2 Music Trivia 3:30 Indoor Bowling 6 Wednesday Worship w/Kendall	13 10:30 Devotional 11:15 Crafting w/Friends 2:30 Bean Bag Baseball	14 10:30 Devotional 2 BINGO 3 Father's Day Special 6 Farkle	15 10 Special Music w/Tori 10:30 Devotional 2:30 Root Beer Float & Dominoes 6 Movie & Popcorn
16 10 Worship w/Tommy 11 BINGO 2 Worship w/Tom 6 UNO FATHER'S DAY	17 10:30 Devotional 2 Ageless Grace w/UAMS 2:30 Hand & Nail Spa w/Music Reminisce	18 10:30 Devotional 11:15 Drums Alive 2:30 Shake Loose a Memory	19 10:30 Shopping Trip - Residents' Vote 1:30 Bible Study w/Ed 3:30 Golf Putters	20 10:30 Devotional 11:15 Crafting w/Friends 2:30 Bean Bag Baseball	21 10:30 Devotional 2 First Day of Summer BINGO Special 6 Farkle	22 10:30 Devotional 2:30 Root Beer Float & Dominoes 6 Movie & Popcorn
23 10 BINGO 2 Worship w/Daniel 6 UNO	24 10:30 Devotional 2 Ageless Grace w/UAMS 2:30 Hand & Nail Spa w/Music Reminisce 4 Piano Performance by Dang Brothers	25 10:30 Devotional 11:15 Drums Alive 2:30 June Birthday & Bunko Party	26 10:30 Shopping Trip - Residents' Vote 2:30 Resident Council 3:30 Cider Social 6 Wednesday Worship w/Kendall	27 10:30 Devotional 11:15 Crafting w/Friends 2:30 Bean Bag Baseball	28 10:30 Devotional 2 BINGO 6 Farkle	29 10:30 Devotional 2:30 Ice Cream Bar & Dominoes 6 Movie & Popcorn
30 10 BINGO 2 Soul Singing 5 Worship w/Dale 6 UNO						

JUNE MENU

AL/ASCU/INDEPENDENT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Lunch 1 BBQ Chicken Breast & Baked Beans Dinner Tuna Salad Sandwich, Pea Cheese Salad & Chips
Lunch 2 Pot Roast w/Gravy & Mashed Potatoes Dinner Corndogs w/Macaroni & Cheese	Lunch 3 Meat Loaf w/Mashed Potatoes & Gravy Dinner Vegetable Soup & Deli Sandwich	Lunch 4 Pork Riblette, Baked Beans and Fried Okra Dinner King Ranch Chicken Casserole	Lunch 5 Baked Chicken Breast & Baked Potato Dinner Sloppy Joe & French Fries	Lunch 6 Spaghetti with Meat Sauce, Vegetables & Bread Dinner Cheesy Bacon Quiche & Hashbrown Casserole	Lunch 7 Ham & Beans w/Fried Potatoes Dinner Steak Fingers w/Mac & Cheese	Lunch 8 Chicken Tenders w/Mashed Potatoes & Gravy Dinner Egg Salad Sandwich, Pea Cheese Salad & Chips
Lunch 9 Roast Pork w/Oven Roasted Potatoes Dinner Cheeseburger, Tater Tots & Baked Beans	Lunch 10 Parmesan Chicken, Noodles & Zucchini Dinner Tuna Salad, & Pasta Salad	Lunch 11 Roast Turkey, Sweet Potatoes & Green Beans Dinner Hamburger Steak & Baked Potato	Lunch 12 Pork Fritter, Fried Potatoes & Black-Eyed Peas Dinner Homemade Pizza & Salad	Lunch 13 Beef Taco Salad, Spanish Rice & Refried Beans Dinner Chicken Nuggets, Fries, Tomato Slices & Cottage Cheese	Lunch 14 Fried Fish, Fries, Hushpuppies & Coleslaw Dinner Baked Ham, Baby Red Potatoes & Creamed Peas	Lunch 15 Lasagna Capri Vegetables & Breadstick Dinner Tater Tot Casserole & Green Beans
Lunch 16 Breaded Chicken Breast & Mashed Potatoes Dinner Cream of Tomato Soup & Grilled Cheese	Lunch 17 Cheeseburger, Baked Beans & Potato Salad Dinner Tuna, Potato, & Tomato/Cucumber Salad w/Croissant	Lunch 18 Smothered Pork Cutlet w/Rice & Vegetables Dinner Chicken & Cheese Quesadilla, Refried Beans & Rice	Lunch 19 Chicken Tenders w/Mashed Potatoes & Gravy Dinner Cheese Ravioli w/Sauce & Vegetables	Lunch 20 Philly Steak Sandwich w/Sweet Potato Fries Dinner Polish Sausage & Baby Red Potatoes	Lunch 21 Lasagna, Zucchini & Breadstick Dinner Beef Vegetable Soup & Chef Salad	Lunch 22 Ham & Beans w/ Fried Potatoes, Okra & Cornbread Dinner BBQ Chicken Breast, Crisscut Fries & Chuckwagon Corn
Lunch 23 Meat Loaf w/Mashed Potatoes & Gravy Dinner Hamburger Stew w/Tossed Salad	Lunch 24 Homemade Pizza, Rotini Pasta Salad & Tossed Salad Dinner Potato Crusted Fish, Black-Eyed Peas, Carrots & Pears	Lunch 25 Breaded Chicken Breast, Baked Beans & Potato Salad Dinner Beef Macaroni Casserole, Fried Potatoes & Onions	Lunch 26 Smothered Pork Cutlet Dinner Cheese Pimento Sandwich w/ Macaroni Salad	Lunch 27 Chicken Fried Steak w/Mashed Potatoes & Gravy Dinner Sweet & Sour Chicken, Rice & Egg Roll	Lunch 28 Fried Fish, Steak Fries & Coleslaw Dinner Turkey Pot Pie, Cranberry Sauce & Breaded Zucchini Sticks	Lunch 29 Chicken Enchilada Casserole, Refried Beans & Rice Dinner Potato Soup & Ham Salad Sandwich
Lunch 30 Beef Roast w/Mashed Potatoes & Gravy Dinner Chicken Spaghetti, Vegetable Blend, & Breadstick						

INDIVIDUAL ACTIVITIES DAILY

SUNDAY

A.M. – Morning Prayer and Chat / Yoga / Sensory Gardening / Soul Singing

P.M. – Coloring / Telling Tales / Movie & Popcorn / Evening Prayers

MONDAY

A.M. – Morning Prayer and Chat / Yoga / Water Color Art / Sensory Baking / Matching Photos

P.M. – Poetry Pals, Music Reminisce / Puzzles / Evening Prayers

TUESDAY

A.M. – Morning Prayer and Chat / Yoga / Beauty Shop Beauties / Famous Duo Reminisce

P.M. – Infinity Walk / Story Time / I Got It Card Game / Evening Prayers

WEDNESDAY

A.M. – Morning Prayer and Chat / Yoga / Coloring / Balloon Toss

P.M. - Drums Alive@1:00 / Snack Makers / Aromatherapy / Evening Prayers

THURSDAY

A.M. – Morning Prayer and Chat / Yoga / Drawing on Memories / Music Recreation

P.M. – Bingo / Book Club / Patio Time w/Sensory / Movie & Popcorn / Evening Prayers

FRIDAY

A.M. – Morning Prayer and Chat / Yoga / Domino Matchup / Sensory Gardening

P.M. - Telling Tales / Hand Massage / Bingo / Balloon Toss / Evening Prayers

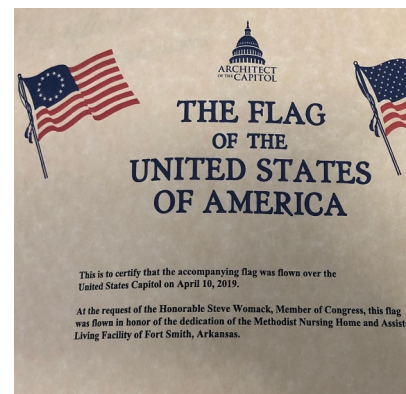
SATURDAY

A.M. – Morning Prayer and Chat / Yoga / Guess Who I Am Game / Music Reminisce

P.M. – Expressive Art / I Got It Card Game / Ice Cream Social / Evening Prayers

What an HONOR!

An American Flag was flown over the White House in honor of Methodist Village Senior Living and then given to us. We will display this on our Veterans Wall for all to see!



Methodist Village Senior Living

Fort Smith, Arkansas

President Board of Directors: Phillip Bryant
Chief Executive Officer: Melissa Curry

For more information contact us at: 479-452-1611

Email inquiries: hereforyou@methodistvillage.com

Visit us on the web at: www.methodistvillage.com

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It is the policy of Methodist Village Senior Living to be fully inclusive and not to discriminate on the basis of race, color, national origin, financial status, ancestry, gender, sexual orientation, religion, handicap, or disability. This policy applies to residents, physicians, and all employees and service providers. Methodist Village Senior Living is a non-profit organization and is an agency of the Arkansas Conference of the United Methodist Church.



METHODIST VILLAGE
SENIOR LIVING