

# JANUARY ACTIVITIES

ASCU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9:30AM Morning Stretch 10AM Crazy Cards 3:30PM Follow the Nose	<b>2</b> 9:30AM Morning Stretch 10AM Harmonica Humming 3:30PM Essential Oil Pinecone	<b>3</b> 9:30AM Morning Stretch 10AM Winter Scents 3:30PM Bingo	<b>4</b> 10AM Morning Stretch 10:30AM Coloration 2PM Musical Chair Ball
<b>5</b> 10AM Morning Stretch 10:30AM Ball Toss 1PM Soul Singing	<b>6</b> 9:30AM Morning Stretch 10AM Name 10 3:30PM Massage, Music & Aromatherapy	<b>7</b> 9:30AM Morning Stretch 10AM Clay Sculpting 3:30PM Winter A to Z	<b>8</b> 9:30AM Morning Stretch 10AM Clay Painting 3:30PM Ribbon Dancing	<b>9</b> 9:30AM Morning Stretch 10AM Wonders of Winter Reminisce 3:30PM Word Challenge	<b>10</b> 9:30AM Morning Stretch 10AM Let's Build A Snowman 3:30PM Bingo	<b>11</b> 10AM Morning Stretch 10:30AM Plumber Pal 2PM Baking w/Friends
<b>12</b> 10AM Morning Stretch 10:30AM Pictionary 1PM Soul Singing	<b>13</b> 9:30AM Morning Stretch 10AM Shake Loose a Memory 3:30PM Massage, Music & Aromatherapy	<b>14</b> 9:30AM Morning Stretch 10AM Word Challenge 3:30PM Beauty Shop Beauties	<b>15</b> 9:30AM Morning Stretch 10AM Telling Tales 3:30PM Thumbball Toss	<b>16</b> 9:30AM Morning Stretch 10AM I Got It 3:30PM Massage, Music & Aromatherapy	<b>17</b> 9:30AM Morning Stretch 10AM Wintertime Sensory 3:30PM Bingo	<b>18</b> 10AM Morning Stretch 10:30AM Coloration 2PM Musical Chair Ball
<b>19</b> 10AM Morning Stretch 10:30AM Coloration 1PM Gospel Soul Singing	<b>20</b> 9:30AM Morning Stretch 10AM I Got It 3:30PM Massage, Music & Aromatherapy	<b>21</b> 9:30AM Morning Stretch 10AM Clay Sculpting 3:30PM Picture This	<b>22</b> 9:30AM Morning Stretch 10AM Amazing Art 3:30PM Follow the Nose	<b>23</b> 9:30AM Morning Stretch 10AM Drumming For Mind 3:30PM Crazy Cards	<b>24</b> 9:30AM Morning Stretch 10AM Drawing on Memories 3:30PM Bingo	<b>25</b> 10AM Morning Stretch 10:30AM Plumber Pal 2PM Baking w/Friends
<b>26</b> 10AM Morning Stretch 10:30AM Pictionary 1PM Gospel Soul Singing	<b>27</b> 9:30AM Morning Stretch 10AM Shake Loose A Memory 3:30PM Baking w/Friends	<b>28</b> 9:30AM Morning Stretch 10AM Word Challenge 3:30PM Beauty Shop Beauties	<b>29</b> 9:30AM Morning Stretch 10AM Poetry Pals 1PM Grocery Game	<b>30</b> 9:30AM Morning Stretch 10AM I Got It! 3:30PM Massage, Music & Aromatherapy	<b>31</b> 9:30AM Morning Stretch 10AM Music Making 3:30PM Bingo	