

JANUARY ACTIVITIES

CARE CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 AM Pretty Nails/ Make Me Handsome 'Grooming" w/Hydration PM Reminisce/ "Favorite New Year's Memory"	2 AM Noodle Bop Exercise Stretching w/Music & Hydration PM Dominoes/ Cards w/Conner - Room Visits w/Trivia	3 AM Popcorn and Movie of Choice w/Hydration PM Finish Line Trivia/Hand Massages	4 AM Magazine Coffee Hour - Room Visits PM Rise and Shine It's Bingo Time at 2pm
5 AM Worship Service w/Coffee PM Ice Cream Social w/Music	6 AM Drums Alive w/Hydration PM Room to Room Visiting w/Baby Doll/Dog Therapy	7 AM Parachute Fun or Bowling w/Hydration PM Lotion Therapy w/Massage - Bingo w/Lyman at 2	8 AM Pretty Nails/ Make Me Handsome 'Grooming" w/Hydration PM Arts and Crafts w/Caelyn - Reminiscing "Friends"	9 AM Noodle Bop Exercise Stretching w/Music & Hydration PM Dominoes/ Cards w/Conner - Room Visits w/Trivia	10 AM Popcorn and Movie of Choice w/Hydration PM Finish Line Trivia/Hand Massages	11 AM Music/Sherri Davis at 10 PM Rise and Shine It's Bingo Time at 2pm
12 AM Worship Service w/Coffee PM Ice Cream Social w/Music	13 AM Bean Bag Baseball or Sittercise w/Hydration PM Baking Cookies - Calendar Club for February	14 AM Parachute Fun or Bowling w/Hydration PM Lotion Therapy w/Massage - Bingo w/Lyman at 2	15 AM Pretty Nails/ Make Me Handsome 'Grooming" w/Hydration PM Arts and Crafts w/Caelyn - Reminiscing "Food"	16 AM Noodle Bop Exercise Stretching w/Music & Hydration PM Dominoes/ Cards w/Conner - Room Visits w/Trivia	17 AM Popcorn and Movie of Choice w/Hydration PM Finish Line Trivia/Hand Massages	18 AM Music/Sherri Davis at 10 PM Rise and Shine It's Bingo Time at 2pm
19 AM Worship Service w/Coffee PM Ice Cream Social w/Music	20 AM Drums Alive w/Hydration PM Room to Room Visiting w/Baby Doll/Dog Therapy	21 AM Parachute Fun or Bowling w/Hydration PM Lotion Therapy w/Massage - Bingo w/Lyman at 2	22 AM Pretty Nails/ Make Me Handsome 'Grooming" w/Hydration PM Arts and Crafts w/Caelyn - Reminiscing "Friends"	23 AM Noodle Bop Exercise Stretching w/Music & Hydration PM Dominoes/ Cards w/Conner - Room Visits w/Trivia	24 AM Popcorn and Movie of Choice w/Hydration PM Meal Outing/Scenic Bus Ride/Table Puzzles	25 AM Music/Sherri Davis at 10 PM Rise and Shine It's Bingo Time at 2pm
26 AM Worship Service w/Coffee PM Ice Cream Social w/Music	27 AM Bean Bag Baseball or Sittercise w/Hydration PM Room to Room Visiting w/Baby Doll/Dog Therapy	28 AM Parachute Fun or Bowling w/Hydration PM Lotion Therapy w/Massage - Bingo w/Lyman at 2	29 AM January Birthday Party w/Cake/Ice Cream PM Arts and Crafts w/Caelyn - Wood Crafting w/Joe D.	30 AM Noodle Bop Exercise Stretching w/Music & Hydration PM Dominoes/ Cards w/Conner - Room Visits w/Trivia	31 AM Popcorn and Movie of Choice w/Hydration PM Finish Line Trivia/Hand Massages	