

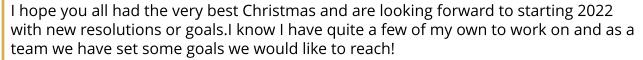
January 2022 | Volume 61 | Issue 1

A Monthly Publication of Methodist Village Senior Living

FROM THE DESK OF OUR CEO...

Dear Residents, Families and Staff,

Happy New Year!





Construction is going slow but well. The rain has put a few glitches in production but foundation for the Training Center has been laid. Woo hoo!

Omircon Variant of Covid is in Arkansas and in our community, we are seeing more and more of it. Please remember to follow guidelines when you are on our campus. Our staff is vaccinated, however there are breakthrough cases, and we want to not only keep our residents safe but our staff as well. We need them happy and healthy to take care of our very precious residents!

If possible, please visit during the hours of 8a and 7pm. These are the hours; we have someone to welcome you at the front desk. Please make sure you check in on the kiosk and wear your name tag that is printed from kiosk. Staff may stop and ask you to recheck in if you are not wearing one.

If for any reason, there are challenges you are having here at MVSL, please let each Administrator or DON aware so as a team we can work on these challenges. If we don't know about it, we can not fix it. Thank you for helping us make Methodist Village better!

Amy Parmenter, Care Center Administrator <u>-aparmenter@methodistvillage.com</u>

Alicia Hanson, Care Center Director of Nursing-ahanson@methodistvillage.com

Sarah Tisdale, Assisted Living/ASCU Administrator<u>-stidale@methodistvillage.com</u>

Laura Morgan – Assisted Living/ASCU Director of Care-Imorgan@methodistvillage.com

And of course, you can always reach out to me, Melissa Curry –<u>mcurry@methodistvillage.com</u>

We want to make sure you and your love one have the very best care and experience at Methodist Village Senior Living!

I want to thank everyone who attend our Holiday Memories – An Art Exhibit! We were able to place so many pieces of art into the hands of family members and in our community! I know our residents had a fantastic time creating these beautiful pieces of art!

I hope you all have the very best HAPPY NEW YEAR!!! Let's pray for the Best to Come!

Melissa Curry

CAMPUS NEWS

We are so excited to announce the promotion of Katee Jones to Business Development Director! Katee has been with MVSL for 5 years and has proven her loyalty and hard work ethic to MVSL and our Residents!

We are also thrilled to have our MVSL Security Department under the direction of Kristi Graham! We are in the process of adding to our Security Team to provide better coverage during the weekend!

Also, for those of you who have not heard, Sarah Tisdale has also been promoted to Assisted Living /ASCU Administrator! Sarah has been with us from the beginning of our Assisted Living and is already doing a fantastic job!

Family Council Meeting

Don't Forget The Care Center Family
Council Will meet on January 26, 2022 at
2:00 PM in the Administration Office
Conference Room! We would love to have
all POA's join! This is a great place to show
your support for the Residents and MVSL
Staff!

STAFF

FUN FILLED FRIDAYS

Remember Every Friday is Fun Filled Friday

starting in January! Memorize your Mission and Vision and win cold hard cash! Also, spin the wheel for prizes!

BEE YOUR BEST

Be on the lookout for BEEs.

Our leadership team will be passing out BEEs to staff that are BEEing their best! Staff who receive a BEE will have an additional entry put in the drawing for prizes at our yearly Christmas Party.

BUSY



STAFF BIRTHDAYS

DJan. 1 Dara Logan

Jan. 4 Kiera Clark, Caitlyn Miller

Jan. 5 Rochelle McReynolds

Jan. 7 Susan Owens, Tralanda Creasey

Jan. 11 Michael Hoover

Jan. 12 Amber Brown

Jan. 13 Aracely Sierra

Jan. 14 Brittany Plymale

Jan. 15 Chris Myers Tercero

Jan. 21 Ariana Kelley

Jan. 24 Theresa Downing, Lisa Bartay

Jan. 25 Antonia Carlile

Jan. 28 Mackenzey Shelton

Jan. 29 Kevin Alvarez

Jan. 30 Laura Morgan

STAFF ANNIVERSARIES

Erica Basgby 1 Year Gloria Dominguez 13 Years Alicia Hanson 19 Years Danielle Jakub 4 Years Kay Laird 1 Year Teri Lamb 15 Years Chela Miller 4 Years lames Parmenter 10 Years Ross Satterfield 11 Years Brandie Simmons 22 Years Sarah Tisdale 3 Years Melissa Watson 26 Years Lesley Woolems 1 Year

STAFF



FACEBOOK TOP FAN

FOLLOW US ON FACEBOOK!!!

You can become eligible to be our TOP FAN on our Facebook page by being one of the most active followers by **liking**, **reacting to content**, **and commenting on or sharing posts**.

The TOP FAN for December TO BE ANNOUNCED

Winner will receive a \$25 gift card.

PARKING

Please follow parking procedures and leave parking for our residents' visitors. Parking warnings are now being issued for staff parked in 'Reserved', 'Visitors', or 'No Parking' spots.

#1 notice Warning

#2 notice Write-up for not following policies

and procedures

#3 notice Towing (at employee's expense)

CARE CENTER
EMPLOYEE OF THE
YEAR

AL/ASCU EMPLOYEE OF THE YEAR

CEO PICK EMPLOYEE OF THE YEAR



ALICIA HANSON, RN DIRECTOR OF NURSING LAURA MORGAN, LPN DIRECTOR OF CARE

BRANDIE SIMMONS
ADMISSIONS
DIRECTOR

INDEPENDENT LIVING NEWS

ACTIVITY CENTER

The Activity Center is now H-75. It will be open by Security from 7am-7pm daily. Newsletters will be placed in the Activity Center monthly.

AFTER HOURS CONTACT INFORMATION

Our Security Team is on campus 24 hours a day. If there are any issues/concerns after hours, please contact them first so they can assess the situation and call the appropriate person. Please contact them at 479-755-5009.

BIRTHDAYS

Allene Williams January 19th

TRASH

Trash should be set out at 3:30pm Monday - Wednesday - Friday.

EXTERMINATOR

The exterminator will be here to spray 'outside' only. If you have a specific issue, please contact Security at 479-755-5009 to arrange an appointment for indoor spraying.



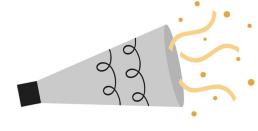
Find the hidden snowman!

In the midst of all the twinkling snowflakes lies a happy little snowman with a yellow top hat. Can you find him?

HAPPY NEW YEAR!









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Countdown Confetti Midnight Balloons Celebration
Fireworks
January
Happy

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GQX

New Year Clock Cheers Goals

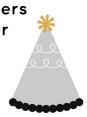
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MAKE

HRRAYRY

Party Poppers Noisemaker Resolution Sparklers





Happy January 2022!

It's beginning of a brand-new year! The new year is time to leave the old you behind and start fresh.

It's a time to make resolutions, a time to resolve to do better. Some of us may decide to lose wight, eat better and exercise more. Some of us may decide to change carers, work on being more financially stable or put a plan into place for retirement. Some may want to work on being kinder, giving to others or just being a better person. You may want to have a closer walk with God. What is really exciting is that we do not have to wait on a New Year for a spiritual change. God is in the business of changing people every day.

2 Corinthians 5:17 says

"therefore, if anyone is in Christ, he is a new creation. The old has passed away, behold, the new has come".

Let's all work on putting our old self away and becoming new in Christ today.



FROM THE DESK OF OUR CARE CENTER



LIFE ENRICHMENT TEAM

Greetings Residents, Families, and Friends.

Happy January. I hope the year of 2022 brings you great comfort and happiness.

I wanted to share some fun facts about January with you.

January is considered the coldest month of the year. The birthstone of January is the red garnet.

The birth flower of January is the carnation.

In 1789- the first US Presidential election was held, and in 1967 the first Superbowl was held.

This month we are going to bowl, have a bean bag baseball tournament, do an art and craft project, play wheel of Fortune and do ribbon exercises with noodle bop followed right after once a week.

This month it's National Arkansas Day on January 11th. Get your thinking caps on because we are playing Arkansas trivia.

We are having a baby shower for Chloe on the 7th at 2:30 with games and refreshments. It's a Girl!

Martin Luther King Day is on a Saturday this year. We will be celebrating a day early on Friday the 14 at 2:30. We are going to be having Ice cream Sundae's and are going to read some of his famous quotes.

Our Calendar Club is January 19th. This is where we come together as a group and discuss what activities you would like to add to February's calendar. I would love to hear any suggestions that you may have.

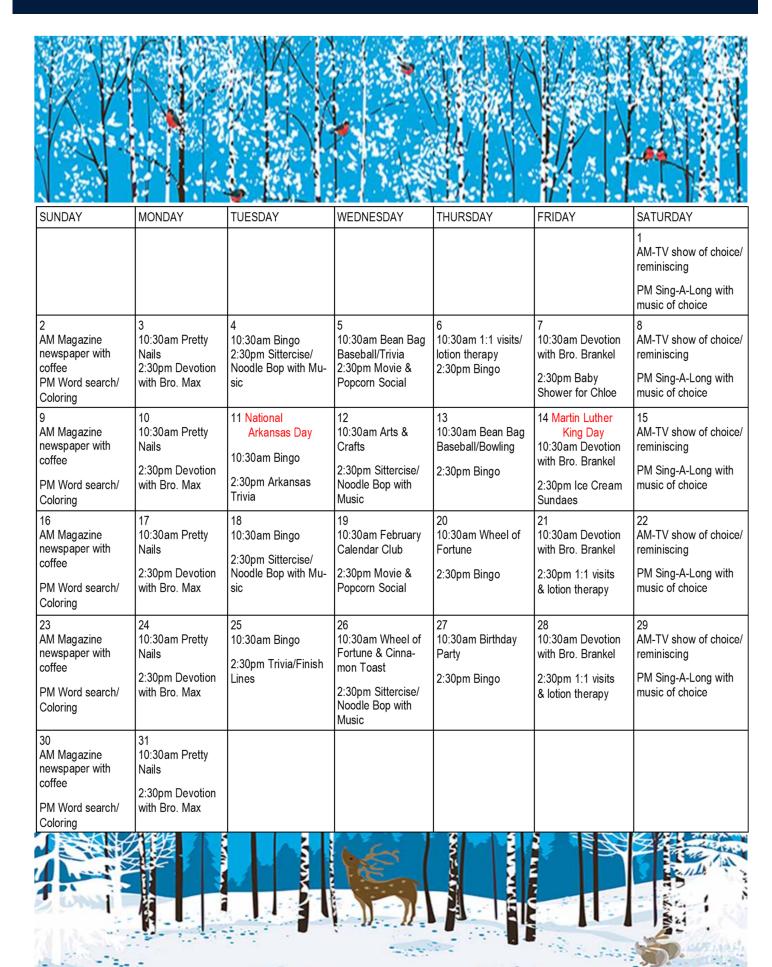
Our January Birthday party for our residents having a birthday will be on Thursday 27 at 10:30 am.

Just a reminder... Bingo is every Tuesday at 10:30 and every Thursday at 2:30. Devotion with Max is every Monday at 2:30PM and with Bro. Brankel on Friday at 10:30 AM.Pretty nails is every Monday at 10:00 AM.All group activities will be in the dining room.

Love, Kassie and Kelly- Life Enrichment Team



CARE CENTER



CARE CENTER RESIDENTS JANUARY BIRTHDAYS







MVSL would like to welcome our newest team member! Miss Andromeda was born a few days before Christmas. Her mom is Dora, who is a C.N.A. at our Care Center.

Congrats Dora! She's beautiful!

FROM THE DESK OF OUR AL/ASCU ADMINISTRATOR



Happy New Year!

It is hard to believe that 2021 is coming to a close already! Although it feels like yesterday we were ringing in the new year, now looking back, there is so much to thank God for.

There has been new friendships, laughter, celebrations, and fellowship to bring joy when life throws curves our way. My favorite part is the hope that comes from a fresh start and the resolutions to make the next chapter of life better than the one before (even if dieting takes a little extra time to accomplish!)

Can't wait to see what 2022 has in store for the residents and staff at Methodist Village and I pray everyone has a safe New Year!

"Tomorrow is the first blank page of a 365-page book. Write a good one." -Brad Paisley

Sarah Tisdale

AL/ASCU RESIDENTS JANUARY BIRTHDAYS

Jan. 4 Joyce Martin Jan. 10 Don Brankel Jan. 31 Paul Sandahl Jan. 8 Linda Campbell Jan. 11 Paul Willis



FROM THE DESK OF OUR AL/ASCU LIFE

Hello Residents, Family and Friends!

Happy New Year! I hope 2022 brings you good health and happiness! We have already made our resolutions and wishes with residents to display so we can keep on track. Mine is to be more organized and try to scale back. Sometimes I bite off more than I can chew. Anyone else? We had a very busy December and sometimes less is more! The second Monday in January we will begin "Arm Chair Travel" on Mondays. Each Monday we will "visit" a different country! As always there will be plenty of opportunities for exercise! Its important to stay active in these cold months. I really enjoyed 2021 with you all and I am excited for what we will do in 2022!

Jamie Jackson

JANUARY LIFE ENRICHMENT

11 AM Devotional

PM Table Games PM Arm Chair

w/Max

Travel

AM Church Services

ASSISTED LIVING



| N. A. S. | | | No. of the last of | | | |
|--|--|--|--|---|---|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | | | | | | 1 AM Devotion (a)11 PM Table Games |
| 2 AM Church Services | 3 11AM Devotional w/Max PM Fancy Nails PM Movie Night | 4 AM Today's News AM Devotional PM Bingo Soda Shop Social | 5 AM Todays News AM Devotional PM Painting Party 3PM Latch Hook Club | 6 AM Todays News AM Devotional PM Bean Bag Baseball | 7 AM Todays News AM Devotional PM Drums Alive | 8 AM Devotion @11 PM Table Games |
| 9 AM Church Services | 10 11 AM Devotional w/Max PM Table Games PM Arm Chair Travel PM Game Night | AM Today's News AM Devotional PM Bingo Tea Time | AM Today's News AM Devotional PM Bracelet making 3PM Latch Hook Club | 13 AM Todays News AM Devotional PM Jeopardy PM Computer Class with Harold and Jamie | 14 AM Todays News AM Devotional PM Ageless Grace | 15 AM Devotion @11 PM Table Games |
| 16 AM Church Services | 17 11AM Devotional w/Max PM Fancy Nails PM Arm Chair Travel PM Puzzle Time | AM Todays News AM Devotional PM Bingo w Heart of Hospic Hot Chocolate social | 19 AM Todays News AM Devotional PM Craft 3 PM Latch Hook Club | AM Todays News AM Devotional PM Wheel of fortune | 21 AM Todays News AM Devotional PM Birthday Bash | AM Devotion@1 PM Table Games |
| 23 AM Church Services | 24 11AM Devotional w/Max PM Table Games PM Arm Chair Travel | 25 AM Todays News AM Devotional PM Bingo Tea Time | 26 AM Todays News AM Devotional PM Treat Making 3 PM Latch Hook Club | 27 AM Todays News AM Devotional PM Trivia Night | 28 AM Todays News AM Devotional PM Bowling | AM Devotion (a)11 PM Table Games |
| 30 | 31 | | · | | | |



JANUARY LIFE ENRICHMENT

AM Devotion

AM Today's News AM Devotional PM Fancy Nails w Aromatherapy PM Arm Chair Travel

ASCU



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|--|
| | | | | | | 1 AM Morning Stretches AM Devotion |
| 2 AM Morning Stretches AM Devotion | 3 AM Morning Stretches AM Todays News AM Devotional PM Fancy Nails w aromatherapy | AM Morning Stretches AM Todays News AM Devotional PM Bingo PM Soda Shop | 5 AM Morning Stretches AM Todays News AM Devotional PM Painting | 6 AM Morning Stretches AM Todays News AM Devotional PM Jeopardy | 7 AM Morning Stretches AM Todays News AM Devotional PM Noodle Bop | 8 AM Morning Stretches AM Devotion |
| 9 AM Morning Stretches AM Devotion | AM Morning Stretches AM Todays News AM Devotional PM Fancy Nails w aromatherapy PM Arm Chair Travel | AM Morning Stretches AM Todays News AM Devotional PM Bingo PM Tea Time | AM Morning Stretches AM Todays News AM Devotional PM Craft | AM Morning Stretches AM Todays News AM Devotional PM Drums Alive | AM Morning Stretches AM Todays News AM Devotional PM Ribbon Dancing PM Treat Making | AM Morning Stretches AM Devotion |
| 16 AM Morning Stretches AM Devotion | AM Morning Stretches AM Today's News AM Devotional PM Fancy Nails w Aromatherapy PM Arm Chair Travel | AM Morning Stretches AM Todays News AM Devotional PM Bingo PM Hot Chocolate Social | AM Morning Stretches AM Todays News AM Devotional PM Painting | 20 AM Morning Stretches AM Todays News AM Devotional PM Bean Bag Baseball | 21 AM Morning Stretches AM Todays News AM Devotional PM Birthday Bash | AM Morning Stretches AM Devotion |
| 23 AM Morning Stretches AM Devotion | 24 AM Morning Stretches AM Today's News AM Devotional PM Fancy Nails w Aromatherapy PM Arm Chair Travel | 25 AM Morning Stretches AM Todays News AM Devotional PM Bingo PM Teatime | 26 AM Morning Stretches AM Todays News AM Devotional PM Craft | 27 AM Morning Stretches AM Todays News AM Devotional PM Bingo | 28 AM Morning Stretches AM Todays News AM Devotional PM Bowling | 29 AM Morning Stretches AM Devotion |
| 30 AM Morning Stretches | 31 AM Morning Stretches | | , | , | | |



















Methodist Village Senior Living

7425 Euper Lane | Fort Smith, Arkansas

Chief Executive Officer: Melissa Curry

For more information contact us at: 479-452-1611

Email inquiries: hereforyou@methodistvillage.com Visit us on the web at: www.methodistvillage.com

MVSL Mission

To provide wonderful life experiences that enable our residents and their families to lead full and enriching lives.

MVSL Vision

To exceed the expectations of our residents and families while inspiring hearts and minds.









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@mvsl9



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LEADERSHIP







It is the policy of Methodist Village Senior Living to be fully inclusive and not to discriminate on the basis of race, color, national origin, financial status, ancestry, gender, sexual orientation, religion, handicap, or disability. This policy applies to residents, physicians, and all employees and service providers. Methodist Village Senior Living is a non-profit organization.