

## ASSISTED LIVING LIFE ENRICHMENT CALENDAR

# April 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>*Activities are subject to change</b></p>	<p><b>1. Communion Church Service</b> 8:00am-Moving Music (P) 9:00am- Room to Room Newsletters 9:30am- Monday Moves (R) 11:15am-Devotion with Bro. David (C)  2:00pm- Dominoes with Project Compassion (P)</p>	<p><b>2.</b> 8:00am- Soothing Sounds (P)  9:00am- Room to Room Newsletters  9:30am-Sit and Be Fit (R)  10:00am- Walking Club (I)  2:00pm- Bingo (D)</p>	<p><b>3.</b> 8:00am- Moving Music (P) 9:00am- Room to Room Newsletters 9:30am-Drums Alive (R) 10:00am-Devotion with Bro. Tom Clark (C)  2:00pm- Walking at Carol Ann Cross Park 3:00pm-Mexican Train Dominoes (P)</p>	<p><b>4.</b> 8:00am- Moving Music (P)  9:00am- Room to Room Newsletters  9:30am-Moving &amp; Grooving Exercise (R)  10:00am-Galaxy Snow Globes (AD)  2:00pm- Movie &amp; Popcorn (R)</p>	<p><b>5.</b> 8:00am- Moving Music (P) 9:00am- Room to Room Newsletters 9:30am- Chair Zumba (R) 10:00am-Muffins, Milk, &amp; Conversations (I)  2:00pm- Resident Council Meeting (C)</p>	<p><b>6.</b> 8:00am- Moving Music (P) 9:00am- Room to Room Newsletters 9:30am-Seated Chair Exercises (R) 10:00am- Noodle Bop (P)  2:00pm- Classical Guitar &amp; Piano with Christopher Dang (P)</p>
<p><b>7.</b> 8:00am- Gospel Hymns (P)  9:00am- Room to Room Newsletters  9:30am-Seated Chair Exercises (R)  10:00am-Resident Choice Activity  2:00pm- Church Service with Rev. Bud Reeves (C)</p>	<p><b>8. Solar Eclipse</b> 8:00am-Moving Music (P) 9:00am- Room to Room Newsletters 9:30am- Monday Moves (R) 11:15am-Devotion with Bro. David (C)  1:30pm- Solar Eclipse Watch Party (PA) 2:00pm- Dominoes with Project Compassion (P)</p>	<p><b>9.</b> 8:00am- Soothing Sounds (P)  9:00am- Room to Room Newsletters  9:30am- Sit and Be Fit (R)  10:00am- Walking Club (I)  2:00pm- Bingo (D)</p>	<p><b>10.</b> 8:00am- Moving Music (P) 9:00am- Room to Room Newsletters 9:30am-Drums Alive (R) 10:00am-Devotion with Bro. Tom Clark (C)  2:00pm- Crafts &amp; Conversation with Debbie 3:00pm-Mexican Train Dominoes (P)</p>	<p><b>11.</b> 8:00am- Moving Music (P)  9:00am- Room to Room Newsletters  9:30am-Moving &amp; Grooving Exercise (R)  10:00am- Pet Visit with Rusty the Therapy dog  2:00pm-Movie &amp; Popcorn (R)</p>	<p><b>12.</b> 8:00am- Moving Music (P) 9:00am- Room to Room Newsletters  9:30am-Chair Zumba (R)  10:00am-Donuts, Coffee, &amp; Conversations 2:00pm- Walking Club Party with Access Health (D)</p>	<p><b>13.</b> 8:00am- Moving Music (P)  9:00am- Room to Room Newsletters  9:30am- Seated Chair Exercises (R)  10:00am- Word on Words (P)  2:00pm-Cornhole (P)</p>
<p><b>14.</b> 8:00am- Gospel Hymns (P)  9:00am- Room to Room Newsletters  9:30am-Seated Chair Exercises (R)  10:00am-Resident Choice Activity  2:00pm- Church Service with Bro. Bryan Meeks (C)</p>	<p><b>15.</b> 8:00am-Moving Music (P)  9:00am- Room to Room Newsletters  9:30am- Monday Moves (R)  11:15am-Devotion with Bro. David (C)  2:00pm- Dominoes with Project Compassion (P)</p>	<p><b>16. National Banana Day!</b> 8:00am- Soothing Sounds (P)  9:00am- Room to Room Newsletters  9:30am-Sit and Be Fit (R)  10:00am- Walking Club (I)  2:00pm- Bingo &amp; Banana Splits (D)</p>	<p><b>17.</b> 8:00am- Moving Music (P)  9:00am- Room to Room Newsletters  9:30am-Drums Alive (R)  10:00am-Devotion with Bro. Tom Clark (C)  2:00pm- Crafts &amp; Conversation with Debbie 3:00pm- Mexican Train Dominoes (P)</p>	<p><b>18. National Volunteer Month!</b>  8:00am- Moving Music (P)  9:00am- Room to Room Newsletters  10:00am- Day of Caring with Project Compassion Carnival (M)  2:00pm-Movie &amp; Popcorn (R)</p>	<p><b>19.</b> 8:00am- Moving Music (P)  9:00am- Room to Room Newsletters  9:30am-Chair Zumba (R)  10:00am-Queen Elizabeths favorite dessert and history. (D)  2:00pm- Patio &amp; Lemonade Social (R)</p>	<p><b>20.</b> 8:00am- Moving Music (P)  9:00am- Room to Room Newsletters  9:30am-Seated Chair Exercises (R)  10:00am- Bowling (P)  2:00pm- Classical Piano with Serina (P)</p>
<p><b>21.</b> 8:00am- Gospel Hymns (P) 9:00am- Room to Room Newsletters 9:30am-Seated Chair Exercises (R) 10:00am-Resident Choice Activity  2:00pm- Church Service with Rev. Randal Ray (C)</p>	<p><b>22.</b> 8:00am-Moving Music (P)  9:00am- Room to Room Newsletters  9:30am- Monday Moves (R)  11:15am-Devotion with Bro. David (C)  2:00pm- Dominoes with Project Compassion (P)</p>	<p><b>23.</b> 8:00am- Soothing Sounds (P)  9:00am- Room to Room Newsletters  9:30am-Sit and Be Fit (R)  10:30am- Picnic in the park at Carol Ann Cross Park  2:00pm- Bingo (D)</p>	<p><b>24.</b> 8:00am- Moving Music (P) 9:00am- Room to Room Newsletters 9:30am-Drums Alive (R) 10:00am-Devotion with Bro. Tom Clark (C)  2:00pm- Crafts &amp; Conversation with Debbie 3:00pm- Mexican Train Dominoes (P)</p>	<p><b>25.</b> 8:00am- Moving Music (P) 9:00am- Room to Room Newsletters 9:30am-Moving &amp; Grooving Exercise (R) 10:00am- Lunch Outing  2:00pm-Movie &amp; Popcorn (R) 4:00pm- Classical Guitar &amp; Piano with Christopher Dand (P)</p>	<p><b>26.</b> 8:00am- Moving Music (P)  9:00am- Room to Room Newsletters  9:30am-Chair Zumba (R)  10:00am-Walking Club (I)  2:00pm- Resident Birthday Bash! (D)</p>	<p><b>27.</b> 8:00am- Moving Music (P)  9:00am- Room to Room Newsletters  9:30am-Seated Chair Exercises (R)  10:00am-Noodle Bop (P)  2:00pm-Bingo (D)</p>
<p><b>28.</b> 8:00am- Gospel Hymns (P)  9:00am- Room to Room Newsletters  9:30am-Seated Chair Exercises (R)  10:00am-Resident Choice Activity  2:00pm- Church Service with (C)</p>	<p><b>29.</b> 8:00am-Moving Music (P)  9:00am- Room to Room Newsletters  9:30am- Monday Moves (R)  11:15am-Devotion with Bro. David (C)  2:00pm- Dominoes with Project Compassion (P)</p>	<p><b>30.</b> 8:00am- Soothing Sounds (P)  9:00am- Room to Room Newsletters  9:30am-Sit and Be Fit (R)  10:00am- Walking Club (I)  2:00pm- Bingo Store (R)</p>			<p><b>Room Code:</b> (R) - Razorback Room (P)-Piano Room (C) - Chapel (D)-Dining Room (AD)-ASCU Dining Room</p>	<p>(PA)-Patio (M)-Memory Maker (S)-Salon (I)-Independently (RL)-Resident Lead</p>