

# ASCU LIFE ENRICHMENT CALENDAR

# April 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>*Activities are subject to change</b></p>	<p><b>1. Communion Service</b> 8:00am-Moving Music (M) 9:00am- Room to Room Newsletters 9:30am- Monday Moves (M) 10:00am-Devotion with Bro. David (M)</p> <p>2:00pm- Peanut Butter &amp; Jelly Sandwiches on the Patio (PA)</p>	<p>2. 8:00am- Soothing Sounds (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Sit and Be Fit (M)</p> <p>10:00am- Walking Club</p> <p>2:00pm- Bingo (D)</p>	<p>3. 8:00am- Moving Music (M) 9:00am- Room to Room Newsletters 9:30am-Drums Alive (M) 10:00am-Devotion with Bro. Tom Clark (C)</p> <p>2:00pm- Walking at Carol Ann Cross Park</p>	<p>4. 8:00am- Moving Music (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Moving &amp; Grooving Exercise (M)</p> <p>10:00am-Galaxy Snow Globes (AD)</p> <p>2:00pm- Movie &amp; Popcorn (M)</p>	<p>5. 8:00am- Moving Music (M) 9:00am- Room to Room Newsletters 9:30am- Chair Zumba (M) 10:00am- Muffins, Milk, &amp; Conversations</p> <p>2:00pm- Fancy Nails &amp; Lotion (M)</p>	<p>6. 8:00am- Moving Music (M) 9:00am- Room to Room Newsletters 9:30am-Seated Chair Exercises (M) 10:00am- Noodle Bop (P)</p> <p>2:00pm- Classical Guitar &amp; Piano with Christopher Dang (P)</p>
<p>7. 8:00am- Gospel Hymns (M) 9:00am- Room to Room Newsletters 9:30am-Seated Chair Exercises (M) 10:00am-Resident Choice Activity</p> <p>2:00pm- Church Service with Rev. Bud Reeves (C)</p>	<p><b>8. Solar Eclipse</b> 8:00am-Moving Music (M) 9:00am- Room to Room Newsletters 9:30am- Monday Moves (M) 10:00am-Devotion with Bro. David (M)</p> <p>1:30pm- Solar Eclipse Watch Party (PA)</p>	<p>9. 8:00am- Soothing Sounds (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am- Sit and Be Fit (M)</p> <p>10:00am- Walking Club</p> <p>2:00pm- Bingo (D)</p>	<p>10. 8:00am- Moving Music (M) 9:00am- Room to Room Newsletters 9:30am-Drums Alive (M) 10:00am-Devotion with Bro. Tom Clark (C)</p> <p>2:00pm- Crafts &amp; Conversation with Debbie(AD)</p>	<p>11. 8:00am- Moving Music (P) 9:00am- Room to Room Newsletters 9:30am-Moving &amp; Grooving Exercise (M) 10:00am- Pet Visit with Rusty the Therapy dog</p> <p>2:00pm-Movie &amp; Popcorn (M)</p>	<p>12. 8:00am- Moving Music (M) 9:00am- Room to Room Newsletters 9:30am-Chair Zumba (M) 10:00am-Donuts, Coffee, &amp; Conversations</p> <p>2:00pm- Walking Club Party with Access Health (D)</p>	<p>13. 8:00am- Moving Music (M) 9:00am- Room to Room Newsletters 9:30am- Seated Chair Exercises (M) 10:00am- Word on Words (P)</p> <p>2:00pm-Cornhole (P)</p>
<p>14. 8:00am- Gospel Hymns (M) 9:00am- Room to Room Newsletters 9:30am-Seated Chair Exercises (M) 10:00am-Resident Choice Activity</p> <p>2:00pm- Church Service with Bro. Bryan Meeks (C)</p>	<p>15. 8:00am-Moving Music (M) 9:00am- Room to Room Newsletters 9:30am- Monday Moves (M) 10:00am-Devotion with Bro. David (M)</p> <p>2:00pm- Nature Scavenger Hunt (PA)</p>	<p><b>16. National Banana Day!</b> 8:00am- Soothing Sounds (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Sit and Be Fit (M)</p> <p>10:00am- Walking Club</p> <p>2:00pm- Bingo &amp; Banana Splits (D)</p>	<p>17. 8:00am- Moving Music (M) 9:00am- Room to Room Newsletters 9:30am-Drums Alive (M) 10:00am-Devotion with Bro. Tom Clark (M)</p> <p>2:00pm- Crafts &amp; Conversation with Debbie(AD)</p>	<p><b>18. National Volunteer Month!</b> 8:00am- Moving Music (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>10:00am- Day of Caring with Project Compassion Carnival (M)</p> <p>2:00pm-Movie &amp; Popcorn (M)</p>	<p>19. 8:00am- Moving Music (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Chair Zumba (M)</p> <p>10:00am-Queen Elizabeths favorite dessert and history. (AD)</p> <p>2:00pm- Movie &amp; Popcorn (M)</p>	<p>20. 8:00am- Moving Music (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Seated Chair Exercises (M)</p> <p>10:00am- Bowling (P)</p> <p>2:00pm- Classical Piano with Serina (P)</p>
<p>21. 8:00am- Gospel Hymns (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Seated Chair Exercises (M)</p> <p>10:00am-Resident Choice Activity</p> <p>2:00pm- Church Service with Rev. Randal Ray (C)</p>	<p>22. 8:00am-Moving Music (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am- Monday Moves (M)</p> <p>10:00am-Devotion with Bro. David (M)</p> <p>2:00pm- Plant Flowers in the garden (PA)</p>	<p>23. 8:00am- Soothing Sounds (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Sit and Be Fit (M)</p> <p>10:30am- Picnic in the park at Carol Ann Cross Park</p> <p>2:00pm- Bingo (D)</p>	<p>24. 8:00am- Moving Music (M) 9:00am- Room to Room Newsletters 9:30am-Drums Alive (M) 10:00am-Devotion with Bro. Tom Clark (C)</p> <p>2:00pm- Crafts &amp; Conversation with Debbie(AD)</p>	<p>25. 8:00am- Moving Music (M) 9:00am- Room to Room Newsletters 9:30am-Moving &amp; Grooving Exercise (M) 10:00am- Lunch Outing</p> <p>2:00pm-Movie &amp; Popcorn (M) 4:00pm- Classical Guitar &amp; Piano with Christopher Dand (P)</p>	<p>26. 8:00am- Moving Music (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Chair Zumba (M)</p> <p>10:00am-Walking Club (I)</p> <p>2:00pm- Resident Birthday Bash! (D)</p>	<p>27. 8:00am- Moving Music (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Seated Chair Exercises (M)</p> <p>10:00am-Noodle Bop (P)</p> <p>2:00pm-Bingo (AD)</p>
<p>28. 8:00am- Gospel Hymns (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Seated Chair Exercises (M)</p> <p>10:00am-Resident Choice Activity</p> <p>2:00pm- Church Service with (C)</p>	<p>29. 8:00am-Moving Music (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am- Monday Moves (M)</p> <p>10:00am-Devotion with Bro. David (C)</p> <p>2:00pm- Bingo (AD)</p>	<p>30. 8:00am- Soothing Sounds (M)</p> <p>9:00am- Room to Room Newsletters</p> <p>9:30am-Sit and Be Fit (M)</p> <p>10:00am- Walking Club</p> <p>2:00pm- Bingo Store (R)</p>			<p><b>Room Code:</b> (R) - Razorback Room (P)-Piano Room (C) - Chapel (D)-Dining Room (AD)-ASCU Dining Room</p>	<p>(PA)-Patio (M)-Memory Maker (S)-Salon (I)-Independently (RL)-Resident Lead</p>