

ASCU LIFE ENRICHMENT CALENDAR

May 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Activities are subject to change	Daily: 1:1 with Newsletters AM: Wake up Routines-Dressing and Personal Hygiene with Nursing Staff PM: Bedtime Routine-Dressing and Personal Hygiene with Nursing Staff		1. 8:00am-Soothing Music 9:30am-Drums Alive 10:00am- Devotion w/ Tom 2:00pm- Crafts & Conversation w/ Debbie 6:00pm-Sensory Bins	2. 8:00am-Soothing Music 9:30am-Moving & Grooving 10:00am-Collage Making 2:00pm-Movie& Popcorn 6:00pm-Sensory Bins	3. 8:00am- Soothing Music 9:30am- Chair Zumba 10:00am-Conversation Ball 2:00pm- Fancy Nails w/ lotion 6:00pm-Sensory Bins	4. 8:00am-Soothing Music 9:30am-Seated Chair Exercise 10:00am-Hermonica Humming 2:00pm-Bowling 6:00pm-Sensory Bins
5. 8:00am-Gospel Hymns 9:00am- Newsletters 9:30am-Seated Chair Exercise 10:00am-Cinco De Mayo 3:00pm-Church Service 6:00pm-Sensory Bins	6. 8:00am-Soothing Music 9:30am-Monday Moves 10:00am- Devotional w/ David (Communion) 2:00pm-Nursing Week Cards 6:00pm-Sensory Bins	7. 8:00am-Soothing Music 9:30am-Sit and Be Fit 10:00am-Movement Class w/ Melissa Schoenfeld 2:00pm-Bingo 6:00pm-Sensory Bins	8. 8:00am-Soothing Music 9:30am-Drums Alive 10:00am- Devotion w/ Tom 2:00pm- Crafts & Conversation with Debbie 6:00pm-Sensory Bins	9. 8:00am-Soothing Music 9:30am-Moving & Grooving 10:00am-Planting Flowers 2:00pm-Movie& Popcorn 6:00pm-Sensory Bins	10. 8:00am- Soothing Music 9:30am- Chair Zumba 10:00am- Mother's Day-Spa 2:00pm-Walking Club Party w/ Access Home Health 6:00pm-Sensory Bins	11. 8:00am-Soothing Music 9:30am-Seated Chair Exercise 10:00am-Reminiscing w/ Staff 2:00pm-Cornhole 6:00pm-Sensory Bins
12. 8:00am-Gospel Hymns 9:00am-Newsletters 9:30am-Seated Chair Exercise 10:00am-Balloon Toss 2:00pm-Service w/ Bryan 6:00pm-Sensory Bins	13. 8:00am-Soothing Music 9:30am-Monday Moves 10:00am-Devotional w/ David 2:00pm- Cards for Police Force 6:00pm-Sensory Bins	14. 8:00am-Soothing Music 9:30am-Sit and Be Fit 10:00am-Walking Club w/ ice cream 2:00pm-Bingo 6:00pm-Sensory Bins	15. 8:00am-Soothing Music 9:00am-1:00pm- Greenhurst 9:30am-Drums Alive 10:00am- Devotion w/ Tom 2:00pm- Crafts & Conversation with Debbie 6:00pm-Sensory Bins	16. 8:00am-Soothing Music 9:30am-Moving & Grooving 10:00am-Collage Making 2:00pm-Movie& Popcorn 6:00pm-Sensory Bins	17. 8:00am- Soothing Music 9:30am- Chair Zumba 10:00am-Scratch & Sniff 2:00pm-Sparkling Cider & Cheese Social 6:00pm-Sensory Bins	18. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Chair Exercise 10:00am-Hermonica Humming 2:00pm-Basketball 6:00pm-Sensory Bins
19. 8:00am-Gospel Hymns 9:00am-Newsletters 9:30am-Seated Chair Exercise 10:00am- Story Time w Staff 3:00pm-Church Service 6:00pm-Sensory Bins	20. 8:00am-Soothing Music 9:30am-Monday Moves 10:00am-Devotional w/ David 2:00pm-Pb&J on Infinity Trail 6:00pm-Sensory Bins	21. 8:00am-Soothing Music 9:30am-Sit and Be Fit 10:00am-Walking Club w/ ice cream 2:00pm-Bingo 6:00pm-Sensory Bins	22. 8:00am-Soothing Music 9:30am-Drums Alive 10:00am- Devotion w/ Tom 2:00pm- Crafts & Conversation with Debbie 6:00pm-Sensory Bins	23. 8:00am-Soothing Music 9:30am-Moving & Grooving 10:15: Northside Orchestra 2:00pm-Movie& Popcorn 6:00pm-Sensory Bins	24. 8:00am- Soothing Music 9:30am- Chair Zumba 10:00am-Cake Walk 2:00pm-Show & Tell 6:00pm-Sensory Bins	25. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Chair Exercise 10:00am-Scratch & Sniff 2:00pm-Bean Bag Baseball 6:00pm-Sensory Bins
26. 8:00am-Gospel Hymns 9:00am-Newsletters 9:30am-Seated Chair Exercise 10:00am-Noodle Bop 3:00pm-Church Service 6:00pm-Sensory Bins	27. 8:00am-Soothing Music 9:30am-Monday Moves 10:00am-Devotional w/ David 2:00pm- Bingo 6:00pm-Sensory Bins	28. 8:00am-Soothing Music 9:30am-Sit and Be Fit 10:00am-Walking Club w/ ice cream 2:00pm-Bingo Store 6:00pm-Sensory Bins	29. 8:00am-Soothing Music 9:30am-Drums Alive 10:00am- Devotion w/ Tom 2:00pm- Crafts & Conversation MVSL 6:00pm-Sensory Bins	30. 8:00am-Soothing Music 9:30am-Moving & Grooving 10:00am-Hermonica Humming 2:00pm-Movie& Popcorn 6:00pm-Sensory Bins	31. 8:00am- Soothing Music 9:30am- Chair Zumba 10:00am-Word Matching 2:00pm- Birthday Bash 6:00pm-Sensory Bins	