

## ASCU LIFE ENRICHMENT CALENDAR

# July 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>*Activities are subject to change</b>	1. 8:00AM Soothing Music 9:30am- Monday Moves 10:00am-Chapel w/ David, Communion 2:00pm- Dominos w/ Staff 6:00pm-Sensory Bins	2. 8:00am-Soothing Music 9:30 am- Sit & Be Fit 10:30am-Movement Class w/ Melissa Schoenfeld 2:00pm-Bingo 6:00pm-Sensory Bins	3. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Devotion w/ Tom  2:00pm-Crafts w/ Debbie 6:00pm-Sensory Bins	4. 8:00am-Soothing Music 9:30am-Moving & Grooving 11:30am-4th of July Cookout  2:00pm-Movie & Popcorn 6:00pm-Sensory Bins	5. 8:00am-Soothing Music 9:30am-Chair Zumba 10:00am- National Apple Turnover Day 2:30pm- Painting 6:00pm-Sensory Bins	6. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Walking Club  2:00pm-Cornhole 6:00pm-Sensory Bins
7. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Walking Club  3:00pm-Chapel Services 6:00pm-Sensory Bins	8. 8:00AM Soothing Music 9:30am- Monday Moves 10:00am-Chapel w/ David  2:00pm- Dominos w/ Staff 6:00pm-Sensory Bins	9. 8:00am-Soothing Music 9:30 am- Sit & Be Fit 10:00am- Donut & Calendar Club  2:00pm-Bingo 6:00pm-Sensory Bins	10. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Devotion w/ Tom  2:00pm-Crafts w/ Debbie 6:00pm-Sensory Bins	11.8:00am-Soothing Music 9:30am-Moving & Grooving 10:00am-Books & Bubbles w/ Eden  2:00pm-Movie & Popcorn 6:00pm-Sensory Bins	12. 8:00am-Soothing Music 9:30am-Chair Zumba 10:00am-Conversation Catch  2:00pm- Luau Party 6:00pm-Sensory Bins	13. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Bowling  2:00pm-Connect Four 6:00pm-Sensory Bins
14. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Walking Club  2:00pm-Chapel Services 6:00pm-Sensory Bins	15. 8:00AM Soothing Music 9:30am- Monday Moves 10:00am-Chapel w/ David  2:00pm- Pool Table w/ Staff 6:00pm-Sensory Bins	16. 8:00am-Soothing Music 9:30 am- Sit & Be Fit 11:30am-National hot dog day!  2:00pm-Bingo 6:00pm-Sensory Bins	17. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Devotion w/ Tom  2:00pm-Crafts w/ Debbie 6:00pm-Sensory Bins	18. 8:00am-Soothing Music 9:30am-Moving & Grooving 10:00am-Connect Four  2:00pm-Movie & Popcorn 6:00pm-Sensory Bins	19. 8:00am-Soothing Music 9:30am-Chair Zumba 10:00am-Puzzles  2:00pm-Walking party with Access Home Health 6:00pm-Sensory Bins	20. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Board Games  2:00pm-Puzzles 6:00pm-Sensory Bins
21. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Walking Club  3:00pm-Chapel Services 6:00pm-Sensory Bins	22. 8:00AM Soothing Music 9:30am- Monday Moves 10:00am-Chapel w/ David  2:00pm- Conversation Catch w/Staff 6:00pm-Sensory Bins	23. 8:00am-Soothing Music 9:30 am- Sit & Be Fit 10:30am-Billard's & Bowling Outing  2:00pm-Bingo 6:00pm-Sensory Bins	24. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Devotion w/ Tom  2:00pm-Crafts w/ Debbie 6:00pm-Sensory Bins	25. 8:00am-Soothing Music 9:30am-Moving & Grooving 10:0am-Walking Club  2:00pm-Movie & Popcorn 6:00pm-Sensory Bins	26. 8:00am-Soothing Music 9:30am-Chair Zumba 10:00am- Basketball  2:00pm-Birthday Bash 6:00pm-Sensory Bins	27. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Tabletop Games  2:00pm-Bowling 6:00pm-Sensory Bins
28. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Walking Club  3:00pm-Chapel Services 6:00pm-Sensory Bins	29. 8:00AM Soothing Music 9:30am- Monday Moves 11:15am-Chapel w/ David  2:00pm- Cornhole w/ Staff 6:00pm-Sensory Bins	30. 8:00am-Soothing Music 9:30 am- Sit & Be Fit 10:00am-Rock Painting  2:00pm-Bingo Store 6:00pm-Sensory Bins	31. 8:00am-Soothing Music 9:30am-Chair Exercise 10:00am-Devotion w/ Tom  2:00pm-Crafts w/ Debbie 6:00pm-Sensory Bins		<b>Daily:</b> 1:1 with Newsletters AM: Wake up Routines-Dressing and Personal Hygiene with Nursing Staff  PM: Bedtime Routine-Dressing and Personal Hygiene with Nursing Staff	