

ASSISTED LIVING LIFE ENRICHMENT CALENDAR

# September 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>3:00pm-Chapel Services</p>	<p>2. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/ Bro. David (Communion) 2:00pm-Dominos w/ PC</p>	<p>3. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Sit &amp; Be Fit 10:00am-Movement Class w/Melissa Schoenfeld 2:00pm-Bingo</p>	<p>4. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Pen Pal Project 2:00pm-Crafts w/Debbie or Jeopardy</p>	<p>5. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving &amp; Grooving 10:30am-Dilly Dally Drive</p> <p>2:00pm-Movie &amp; Popcorn</p>	<p>6. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Game Day!</p> <p>2:00pm-Resident Council</p>	<p>7. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Walking Club</p> <p>2:00pm-Cornhole</p>
<p>8. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>2:00pm-Chapel Services w/ Brian Meeks</p>	<p>9. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/Bro. David</p> <p>2:00pm-Dominos w/ PC</p>	<p>10. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit &amp; Be Fit 10:30am-Donut/Calander Club</p> <p>2:00pm-Bingo</p>	<p>11. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Apples to Apples 2:00pm-Crafts w/Debbie 3:30pm-Jazz Pianist (Jemetris w/ PC )</p>	<p>12. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving &amp; Grooving 10:30am-Picture Frame Decorating</p> <p>2:00pm-Movie &amp; Popcorn</p>	<p>13. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 1:00-2:00pm-Exercise Group w/OT Students 2:30pm-Soap Making w/OT Students</p>	<p>14. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-CNAide Choice</p> <p>2:00pm-Connect Four</p>
<p>15. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>3:00pm-Chapel Services w/ Terry Ring</p>	<p>16. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/ Bro. David</p> <p>2:00pm-Dominos w/ PC</p>	<p>17. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit &amp; Be Fit 10:30am-Canvas Painting</p> <p>2:00pm-Bingo</p>	<p>18. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Scrabble 2:00pm-Crafts w/Debbie, or Jeopardy 3:00pm-Mexican Train</p>	<p>19. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Moving &amp; Grooving 10:30am-Volley Ball</p> <p>2:00pm-Movie &amp; Popcorn</p>	<p>20. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Noodle Bop</p> <p>2:00pm-Walking Party w/ Access Home Health</p>	<p>21. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Walking Club</p> <p>2:00pm-Basketball</p>
<p>22. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>3:00pm-Chapel Services</p>	<p>23. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/Bro. David</p> <p>2:00pm-Dominos w/ PC</p>	<p>24. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit &amp; Be Fit 10:30am-Pine Cone Bird Feeders</p> <p>2:00pm-Bingo</p>	<p>25. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Chardes 2:00pm—Crafts w/Debbie, or Jeopardy 3:00pm-Mexican Train</p>	<p>26. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving &amp; Grooving 10:30am-Photo Show &amp; Tell</p> <p>2:00pm-Movie &amp; Popcorn</p>	<p>27. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Disc Golf 1:00-2:00pm-Exercise Group w/OT Students 2:30pm-Birthday Bash w/ OT Students</p>	<p>28. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-CNAide Choice</p> <p>2:00pm-Bowling</p>
<p>29. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>3:00pm-Chapel Services w/ Jana Green</p>	<p>30. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/ Bro. David 1:30-Short Story Club 2:00pm-Dominos w/ PC</p>			<p><b>*Activities are subject to change</b></p>		