

ASCU LIFE ENRICHMENT CALENDAR

September 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>3:00pm-Chapel Services 6:00pm-Sensory Bins</p>	<p>2. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/ Bro. David (Communion) 2:00pm-Felt Place Mats 6:00pm-Sensory Bins</p>	<p>3. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:00am- Movement Class w/ Melissa Schoenfeld 2:00pm-Bingo 6:00pm-Sensory Bins</p>	<p>4. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am- Devotion w/Tom</p> <p>2:00pm-Crafts with Debbie 6:00pm-Sensory Bins</p>	<p>5. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:00am- Volley Ball</p> <p>2:00pm-Movie & Popcorn 6:00pm-Sensory Bins</p>	<p>6. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:00am- Fancy Nails</p> <p>2:00pm-Picture This 6:00pm-Sensory Bins</p>	<p>7. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am- CNAide Choice</p> <p>2:00pm-Bingo 6:00pm-Sensory Bins</p>
<p>8. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>2:00pm-Chapel Services w/ Brian Meeks 6:00pm-Sensory Bins</p>	<p>9. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/ Bro. David</p> <p>2:00pm-CNAide Choice 6:00pm-Sensory Bins</p>	<p>10. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:00am- Donut Social</p> <p>2:00pm-Bingo 6:00pm-Sensory Bins</p>	<p>11. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am- Devotion w/Tom</p> <p>2:00pm-Crafts with Debbie 6:00pm-Sensory Bins</p>	<p>12. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:00am- National Milkshake Day!</p> <p>2:00pm-Movie & Popcorn 6:00pm-Sensory Bins</p>	<p>13. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:00am- Story Time 3:00-4:00pm-Exercise Group w/ OT Students 6:00pm-Sensory Bins</p>	<p>14. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am- Walking Club</p> <p>2:00pm-Connect Four 6:00pm-Sensory Bins</p>
<p>15. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club 3:00pm-Chapel Services w/ Terry Ring 6:00pm-Sensory Bins</p>	<p>16. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/ Bro. David</p> <p>2:00pm-Movie & Popcorn 6:00pm-Sensory Bins</p>	<p>17. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:00am- Music in Memory Maker</p> <p>2:00pm-Bingo 6:00pm-Sensory Bins</p>	<p>18. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am- Devotion w/Tom</p> <p>2:00pm-Crafts with Debbie 6:00pm-Sensory Bins</p>	<p>19. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:00am- Walk It Out</p> <p>2:00pm-Movie & Popcorn 6:00pm-Sensory Bins</p>	<p>20. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:00am- Conga Line</p> <p>2:00pm-Walking Party w/ Access Home Health 6:00pm-Sensory Bins</p>	<p>21. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am- CNAide Choice</p> <p>2:00pm-Bingo 6:00pm-Sensory Bins</p>
<p>22. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>3:00pm-Chapel Services 6:00pm-Sensory Bins</p>	<p>23. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/ Bro. David</p> <p>2:00pm-Patio & Popcorn 6:00pm-Sensory Bins</p>	<p>24. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:00am- Jewelry Making</p> <p>2:00pm-Bingo 6:00pm-Sensory Bins</p>	<p>25. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am- Devotion w/Tom</p> <p>2:00pm-Crafts with Debbie 6:00pm-Sensory Bins</p>	<p>26. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:00am- Johnny Appleseed Coloring Activity</p> <p>2:00pm-Movie & Popcorn 6:00pm-Sensory Bins</p>	<p>27. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:00am- Frame Decorating 2:30pm-Resident Birthday Bash w/ OT Students 3:30-4:00pm-Exercise Group 6:00pm-Sensory Bins</p>	<p>28. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am- Walking Club</p> <p>2:00pm-Cornhole 6:00pm-Sensory Bins</p>
<p>29. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>3:00pm-Chapel Services w/ Jana Green 6:00pm-Sensory Bins</p>	<p>30. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/ Bro. David</p> <p>2:00pm-Carol Ann Cross Walk 6:00pm-Sensory Bins</p>			<p>*Activities are subject to change</p>		