

ASSISTED LIVING LIFE ENRICHMENT CALENDAR

November 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*Activities are subject to change					1. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am- Bring Your Own Blanket Apple Cider Social 2:00pm-Resident Council	2. 8:00 am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Basketball 2:00pm-Bingo
3. 8:00 am-Soothing Music 9:30am-Seated Exercises 10:15am-Newsletters 10:30am-Walking Club 3:00pm-Chapel Services (Communion) w/ Rev. Claire Thompson	4. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/David (Communion) 2:00pm-Dominos w/ PC	5. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:00am-Movement Class w/Melissa Schoenfeld 2:00pm-Bingo	6. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom 2:00pm-Crafts w/Debbie 3:00pm-Mexican Train	7. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:30am-Dollar Tree 2:00pm-Movie & Popcorn	8. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Exercise Group w/ School of O.T. 2:00pm- Fall Fling Party 2024	9. 8:00 am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-CNAide Choice 2:00pm-Connect Four
10. 8:00 am-Soothing Music 9:30am-Seated Exercises 10:15am-Newsletters 10:30am-Walking Club 2:00pm-Chapel Services w/ Brian Meeks	11. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/David 2:00pm-Dominos w/ PC	12. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:30am- Donut/ Calendar Club 2:00pm-Bingo	13. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devoiton w/Tom 2:00pm-Crafts w/Debbie 3:00pm-Mexican Train	14. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:30am-Blue Ember 2:00pm- Movie & Popcorn	15. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am- Gratitude Activity 2:00pm-Walking Party w/ Access Home Health	16. 8:00 am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Ring Toss 2:00pm-Bingo
17. 8:00 am-Soothing Music 9:30am-Seated Exercises 10:15am-Newsletters 10:30am-Walking Club 3:00pm-Chapel Services	18. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/David 2:00pm-Dominos w/ PC	19. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:30am- Beaded Wrist Keychain Making 2:00pm-Bingo	20. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom 2:00pm-Crafts w/Debbie or Jeopardy 3:00pm-Mexican Train	21. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:30am-WalMart Neighborhood Market 2:00pm-Movie & Popcorn	22. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 1:00pm- Exercise Group w/ School of O.T. Students 2:30pm- Bon Voyage Party for O.T. Students	23. 8:00 am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-CNAide Choice 2:00pm-Bowling
24. 8:00 am-Soothing Music 9:30am-Seated Exercises 10:15am-Newsletters 10:30am-Walking Club 3:00pm-Chapel Services	25. 8:00 am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/David 1:30pm-Short Story Club 2:00pm-Dominos w/ PC	26. 8:00 am-Soothing Music 9:00 am-Newsletters 9:30 am-Sit & Be Fit 10:30am- Thanksgiving Greeting Card Making 2:00pm- Bingo	27. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am- Devotion w/Tom 2:00pm-Crafts w/Debbie 3:00pm-Mexican Train	28. 8:00am-Soothing Music 9:00am-Newletters 9:30am-Moving & Grooving 10:30am-Cracker Barrel 2:00pm- Turkey Huntin' with Staff	29. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am- Baby Pumpkin Pie Making 2:00pm- Movie & Popcorn Dress up theme: Swingin'	30. 8:00am-Soothing Music 9:30am- Chair Exercise 10:15am-Newsletters 10:30am- Cornhole 2:00pm-Bingo