

ASSISTED LIVING LIFE ENRICHMENT CALENDAR

# December 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1.</b> 8:00am-Soothing Music 9:30am-Seated Exercises 10:00am-Newsletters 10:00am-Walking Club</p> <p>2:00pm-Chapel Services (Communion)</p>	<p><b>2.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/David (Communion)</p> <p>2:00pm-CNAide Choice</p>	<p><b>3.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit &amp; Be Fit 10:00am-Movement Class w/Melissa Schoenfeld</p> <p>2:00pm-Bingo</p>	<p><b>4.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom</p> <p>2:00pm-Crafts with Debbie 5:30pm-Christmas Light Drive</p>	<p><b>5.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving &amp; Grooving 10:00am-Decorate Tree</p> <p>2:00pm-Movie &amp; Popcorn 6:00pm-Sensory Bins</p>	<p><b>6.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Christmas Cookie Decorating hosted @ AL</p> <p>2:00pm-Conversation Catch</p>	<p><b>7.</b> 8:00am-Soothing Music 9:30am-Chair Exercises 10:00am-Newsletters 10:00am-Basketball</p> <p>2:00pm-Bingo 6:00pm-Sensory Bins</p>
<p><b>8.</b> 8:00am-Soothing Music 9:30am-Seated Exercises 10:00am-Newsletters 10:00am-Walking Club</p> <p>2:00pm-Chapel Services 6:00pm-Sensory Bins</p>	<p><b>9.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/David</p> <p>2:00pm-Charades 6:00pm-Sensory Bins</p>	<p><b>10.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit &amp; Be Fit 10:00am-Donut Social</p> <p>2:00pm-Bingo 6:00pm-Sensory Bins</p>	<p><b>11.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom 2:00pm-Crafts with Debbie 6:00pm-Christmas Carolers Hosted @ the AL</p>	<p><b>12.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving &amp; Grooving 10:00am-Christmas Chain Garland Making 2:00pm-Movie &amp; Popcorn 6:00pm-Sensory Bins</p>	<p><b>13.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Hot Chocolate Social hosted @ AL 2:00pm-Mini Christmas Trees 6:00pm-Sensory Bins</p>	<p><b>14.</b> 8:00am-Soothing Music 9:30am-Chair Exercises 10:00am-Newsletters 10:00am-Noodle Bop 2:00pm-Winson Huang Pianist w/PC 6:00pm-Sensory Bins</p>
<p><b>15.</b> 8:00am-Soothing Music 9:30am-Seated Exercises 10:00am-Newsletters 10:00am-Walking Club</p> <p>2:00pm-Chapel Services 6:00pm-Sensory Bins</p>	<p><b>16.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/David 10:30am-NHS Orchestra hosted @ AL</p> <p>6:00pm-Sensory Bins</p>	<p><b>17.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit &amp; Be Fit 10:30am-Christmas Eggnog Social hosted @ AL</p> <p>2:00pm-Bingo 6:00pm-Bordertown Bells</p>	<p><b>18.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom</p> <p>2:00pm-Crafts with Debbie 7:00pm-Candle Light Service hosted @ CC</p>	<p><b>19.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving &amp; Grooving 10:00am-Christmas Door Hangers</p> <p>2:00pm-Movie &amp; Popcorn 6:00pm-Sensory Bins</p>	<p><b>20.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:00am-Muffins &amp; Milk Social</p> <p>2:00pm-Fancy Nails 6:00pm-Sensory Bins</p>	<p><b>21.</b> 8:00am-Soothing Music 9:30am-Chair Exercises 10:00am-Newsletters 10:00am-CNAide Choice</p> <p>2:00pm-Christmas Carolers Hosted @ AL 6:00pm-Sensory Bins</p>
<p><b>22.</b> 8:00 m-Soothing Music 9:30am-Seated Exercises 10:00am-Walking Club</p> <p>3:00pm-Chapel Services 6:00pm-Sensory Bins</p>	<p><b>23.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/David 2:00pm-Christmas Sing Along w/Staff 6:00pm-Sensory Bins</p>	<p><b>24.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit &amp; Be Fit 10:00am-Bingo</p> <p>2:00pm-Christmas Party 6:00pm-Sensory Bins</p>	<p><b>25.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Christmas Color by numbers 2:00pm-One on One's 6:00pm-Sensory Bins</p>	<p><b>26.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving &amp; Grooving 10:00am-Bowling</p> <p>2:00pm-Movie &amp; Popcorn 6:00pm-Sensory Bins</p>	<p><b>27.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Resident/Staff Potluck 2:00pm- Drums Alive 6:00pm-Sensory Bins</p>	<p><b>28.</b> 8:00am-Soothing Music 9:30am-Chair Exercises 10:00am-Newsletters 10:00am-Cornhole</p> <p>2:00pm-Sundae Social 6:00pm-Sensory Bins</p>
<p><b>29.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>3:00pm-Chapel Services 6:00pm-Sensory Bins</p>	<p><b>30.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/David</p> <p>2:00pm-Cornhole 6:00pm-Sensory Bins</p>	<p><b>31.</b> 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit &amp; Be Fit 10:00am-Bingo 2:00pm-New Years Eve Party/Birthday Bash 6:00pm-Sensory Bins</p>				<p><b>*Activities are subject to change.</b></p>