

ASCU LIFE ENRICHMENT CALENDAR

December 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1. 8:00am-Soothing Music 9:30am-Seated Exercises 10:00am-Newsletters 10:00am-Walking Club</p> <p>2:00pm-Chapel Services (Communion)</p>	<p>2. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/David (Communion)</p> <p>2:00pm-CNAide Choice</p>	<p>3. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:00am-Movement Class w/ Melissa Schoenfeld</p> <p>2:00pm-Bingo</p>	<p>4. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am- Devotion w/Tom</p> <p>2:00pm-Crafts with Debbie 5:30pm-Christmas Light Drive</p>	<p>5. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:00am-Decorate Tree</p> <p>2:00pm-Movie & Popcorn 6:00pm-Sensory Bins</p>	<p>6. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Christmas Cookie Decorating hosted @ AL</p> <p>2:00pm-Conversation Catch</p>	<p>7. 8:00am-Soothing Music 9:30am-Chair Exercises 10:00am-Newsletters 10:00am-Basketball</p> <p>2:00pm-Bingo 6:00pm-Sensory Bins</p>
<p>8. 8:00am-Soothing Music 9:30am-Seated Exercises 10:00am-Newsletters 10:00am-Walking Club</p> <p>2:00pm-Chapel Services 6:00pm-Sensory Bins</p>	<p>9. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/David</p> <p>2:00pm-Charades 6:00pm-Sensory Bins</p>	<p>10. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:00am-Donut Social</p> <p>2:00pm-Bingo 6:00pm-Sensory Bins</p>	<p>11. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom 2:00pm-Crafts with Debbie 6:00pm-Christmas Carolers Hosted @ the AL</p>	<p>12. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:00am-Christmas Chain Garland Making 2:00pm-Movie & Popcorn 6:00pm-Sensory Bins</p>	<p>13. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Hot Chocolate Social hosted @ AL 2:00pm-Mini Christmas Trees 6:00pm-Sensory Bins</p>	<p>14. 8:00am-Soothing Music 9:30am-Chair Exercises 10:00am-Newsletters 10:00am-Noodle Bop 2:00pm-Winson Huang Pianist w/PC 6:00pm-Sensory Bins</p>
<p>15. 8:00am-Soothing Music 9:30am-Seated Exercises 10:00am-Newsletters 10:00am-Walking Club</p> <p>2:00pm-Chapel Services 6:00pm-Sensory Bins</p>	<p>16. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/David 10:30am-NHS Orchestra hosted @ AL</p> <p>6:00pm-Sensory Bins</p>	<p>17. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:30am-Christmas Eggnog Social hosted @ AL</p> <p>2:00pm-Bingo 6:00pm-Bordertown Bells</p>	<p>18. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom</p> <p>2:00pm-Crafts with Debbie 7:00pm-Candle Light Service hosted @ CC</p>	<p>19. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:00am-Christmas Door Hangers</p> <p>2:00pm-Movie & Popcorn 6:00pm-Sensory Bins</p>	<p>20. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:00am-Muffins & Milk Social</p> <p>2:00pm-Fancy Nails 6:00pm-Sensory Bins</p>	<p>21. 8:00am-Soothing Music 9:30am-Chair Exercises 10:00am-Newsletters 10:00am-CNAide Choice</p> <p>2:00pm-Christmas Carolers Hosted @ AL 6:00pm-Sensory Bins</p>
<p>22. 8:00am-Soothing Music 9:30am-Seated Exercises 10:00am-Walking Club</p> <p>3:00pm-Chapel Services 6:00pm-Sensory Bins</p>	<p>23. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/David 2:00pm-Christmas Sing Along w/Staff 6:00pm-Sensory Bins</p>	<p>24. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:00am-Bingo</p> <p>2:00pm-Christmas Party 6:00pm-Sensory Bins</p>	<p>25. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Christmas Color by numbers 2:00pm-One on One's 6:00pm-Sensory Bins</p>	<p>26. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:00am-Bowling</p> <p>2:00pm-Movie & Popcorn 6:00pm-Sensory Bins</p>	<p>27. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Resident/Staff Potluck 2:00pm-Drums Alive 6:00pm-Sensory Bins</p>	<p>28. 8:00am-Soothing Music 9:30am-Chair Exercises 10:00am-Newsletters 10:00a-Cornhole</p> <p>2:00pm-Sundae Social 6:00pm-Sensory Bins</p>
<p>29. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Seated Exercises 10:30am-Walking Club</p> <p>3:00pm-Chapel Services 6:00pm-Sensory Bins</p>	<p>30. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 10:00am-Chapel w/David</p> <p>2:00pm-Cornhole 6:00pm-Sensory Bins</p>	<p>31. 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:00am-Bingo</p> <p>2:00pm-New Years Eve Party/Birthday Bash 6:00pm-Sensory Bins</p>				<p>*Activities are subject to change.</p>