

ASSISTED LIVING LIFE ENRICHMENT CALENDAR

JANUARY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
* Activities are subject to change.			1 HAPPY NEW YEAR! 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Resident Led 2:00pm-Resident Led 3:00pm-Mexican Train	2 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:30am>Show & Tell 2:00pm-Movie & Popcorn	3 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Hot Cocoa Social 2:00pm-Resident Council	4 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Basketball 2:00pm-CNA Choice
5 8:00am-Soothing Music 9:30am-Seated Exercises 10:15am-Newsletters 10:30am-Walking Club 3:00pm-Chapel Services w/ Jana Green (Communion)	6 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/David 2:00pm-Dominos w/P.C.	7 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:00am-Movement class w/Melissa Schoenfeld 2:00pm-Bingo	8 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom 2:00pm-Prayer Jars 3:00pm-Mexican Train	9 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 11:00am-Cheddars 2:00pm-Movie & Popcorn	10 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Donut & Calendar Club 2:00pm-Resident submit recipes for kitchen	11 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Cornhole 2:00pm-Bingo
12 8:00am-Soothing Music 9:30am-Seated Exercises 10:15am-Newsletters 10:30am-Walking Club 2:00pm-Chapel Services w/ Brian Meeks	13 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/David 2:00pm-Dominos w/P.C.	14 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:30am-Apples to Apples 2:00pm-Bingo	15 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom 2:00pm-Jesus Lamp Craft 3:00pm-Mexican Train	16 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:30am-Library 2:00pm-Movie & Popcorn	17 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Pizza Making 2:00pm-Walking Party w/ Access Home Health	18 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-CNA Choice 2:00pm-Cornhole
19 8:00am-Soothing Music 9:30am-Seated Exercises 10:15am-Newsletters 10:30am-Walking Club 3:00pm-Chapel Services w/ Randall Ray	20 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/David 2:00pm-Dominos w/P.C.	21 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:30am-Story Time w/Jim 2:00pm-Bingo	22 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom 2:00pm-Crafts w/Debbie 3:00pm-Mexican Train	23 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 11:00am-Fuji's 2:00pm-Movie & Popcorn	24 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Apple Cider by the Fire 2:00pm-Soap Making	25 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Noodle Bop 2:00pm-Bingo
26 8:00am-Soothing Music 9:30am-Seated Exercises 10:15am-Newsletters 10:30am-Walking Club 3:00pm-Chapel Services w/ Donna Ward	27 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Monday Moves 11:15am-Chapel w/David 1:30pm-Short Story Club 2:00pm-Dominos w/P.C.	28 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Sit & Be Fit 10:30am-Winter Drive 2:00pm-Bingo	29 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Devotion w/Tom 2:00pm-Crafts w/Debbie 3:00pm-Mexican Train	30 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Moving & Grooving 10:30am-Casino 2:00pm-Movie & Popcorn	31 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Zumba 10:30am-Apples to Apples 2:00pm-January Birthday Bash!	