ASCU LIFE ENRICHMENT CALENDAR

MAY 2025







SUNDAY	MONDAY	TUESDAY	WEDNESD	AY	THURSDAY	FRIDAY	SATURDAY
					1 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Sam's Southern Eatery	2 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Fancy Nails	3 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Lemonade on the Patio
*Activities subject to change					2:00pm-Movie & Popcorn 5:00pm-Sensory Bins	2:00pm-Wheel of Fortune 4:00pm-Sensory Bins	2:00pm-Bingo 4:00pm-Sensory Bins
4 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Walking Club 3:00pm-Chapel Services (Communion) 4:00pm-Sensory Bins	5 CINCO DE MAYO 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Chapel w/David 11:15am-Cinco de Mayo Tacos 2:00pm-Dot to Dot w/Music 4:00pm Sensory-Bins	6 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Movement Class w/ Melissa Schoenfeld 1:00pm-Bingo 4:00pm-Sensory Bins	7 8:00am-Soothing M 9:00am-Newsletters 9:30am-Chair Exerci 10:00am-Devotion 2:00pm-Crafts w/De 4:00pm-Sensory Bi	s cises w/Tom ebbie	8 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Dollar Tree 2:00pm-Movie & Popcorn 4:00pm-Sensory Bins	9 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Fancy Nails 2:00pm-Armchair Travel 4:00pm-Sensory Bins	10 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Root Beer Float Social 2:00pm-Bingo 4:00pm-Sensory Bins
11 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Walking Club 2:00pm-Chapel w/Brian Meeks 4:00pm-Sensory Bins	12 NURSING HOME WEEK 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Chapel w/David 1:00pm-Hand Scrub Making 4:00pm-Sensory Bins	13 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Donut Social 1:00pm-Bingo 4:00pm-Sensory Bins	14 8:00am-Soothing M 9:00am-Newsletters 9:30am-Chair Exerc 10:00am-Devotion 2:00pm-Crafts w/Dd 4:00pm-Sensory Bi	s cises w/Tom ebbie	15 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Mt. Magazine Outing 9:30am-Chair Exercises 2:00pm-Movie & Popcorn 4:00pm-Sensory Bins	16 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Fancy Nails 2:00pm-Chair Exercises w/Leann 4:00pm-Sensory Bins	17 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Conversation Catch 2:00pm-Silver Dragon Ranch Goats 4:00pm-Sensory Bins
18 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Walking Club 3:00pm-Chapel w/Ron Haines 4:00pm-Sensory Bins	19 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Chapel w/David 1:00pm-Bingo 4:00pm-Sensory Bins 5:00pm-Pizza Outing	20 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-2:00pm Senior Appreciation Day w/Senior Care Alliance	21 8:00am-Soothing N 9:00am-Newsletters 9:30am-Chair Exerc 10:00am-Devotion 2:00pm-Crafts w/Di 4:00pm-Sensory Bi	Music 's cises w/Tom	22 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Target Outing 1:00pm-Spring Coloring & Music 4:00pm-Sensory Bins	23 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Sack Lunch in the Park 1:00pm-Fancy Nails 4:00pm-Sensory Bins	24 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Cookie Social 2:00pm-Bingo 4:00pm-Sensory Bins
25 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Walking Club 3:00pm-Chapel 4:00pm-Sensory Bins	26 MEMORIAL DAY 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Chapel w/David 1:00pm-Popsicles on the Patio 4:00pm-Sensory Bins	27 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Wheel of Fortune 1:00pm-Bingo 4:00pm-Sensory Bins	28 8:00am-Soothing M 9:00am-Newsletters 9:30am-Chair Exerc 10:00am-Devotion* 2:00pm-Crafts w/De 4:00pm-Sensory Bi	s cises w/Tom ebbie	29 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:30am-Sack Lunch at the Nature Center 2:00pm-Movie & Popcorn 4:00pm-Sensory Bins	30 8:00am-Soothing Music 9:00am-Newsletters 9:30am-Chair Exercises 10:00am-Fancy Nails 2:00pm-May Birthday Bash 4:00pm-Sensory Bins	31 8:00am-Soothing Music 9:30am-Chair Exercises 10:15am-Newsletters 10:30am-Ice Cream Social 2:00pm-Bingo 4:00pm-Sensory Bins